NSIRE

OLD OTTAWA EAST'S COMMUNITY VOICE | LA VOIX COMMUNAUTAIRE DU VIEUX OTTAWA-EST

OCTOBER | OCTOBRE 2017

Northern Main Also To Be A Complete Street **Potential New Crossing on Colonel By Drive**

BY JOHN DANCE

Plans to complete the northern end of Main Street are well underway, driven by the need to replace aging water and sewer lines in much of Old Ottawa East's triangular neighbourhood north of the Queensway. Plans include finishing Main's 'complete street' and potentially creating a safer pedestrian crossing of Colonel By Drive.

A high-level plan for this area, along with portions of Hawthorne and Echo Streets south of the Queensway, was recently approved by Coun. David Chernushenko following consultation with residents. Further consultations will be held during the detailed design work over the next two years.

The plan for cycling and pedestrian facilities on the northern section of Main Street is similar to that of the southern section. For the most part there will be an elevated cycle track and a widened sidewalk separated by a "tactile strip."

A constrained City right of way coupled with the desire to preserve existing landscaping and existing building features where possible has led to shared pedestrian and cycling



OOECA transportation director Ed Janes stands at the location of the proposed safer crossing of Colonel By Drive, one of a number of road improvements planned for the north end of Old

PHOTO BY: JOHN DANCE

portions for two short stretches: in front of The Emporium and on the west side of Main Street alongside 10 Main, the condominium at the corner of Main Street and Echo Drive.

The downside of the expanded pedestrian and cycling facilities is

that the spruce trees in front of the Glassworks condominium at the southeast corner of Main Street and Greenfield Avenue will be removed. But according to Vanessa Black, the City engineer who led the functional design process, new trees will be planted at other locations so that the loss will be balanced out.

"I have worked closely with City staff and the community to come up with a design that comes as close to creating a continuous cycle track as possible, but without excessive impact on landscaping and street

Continued on page 7

Paddlers from Old Ottawa East, the Glebe, Old Ottawa South and Sandy Hill had sunny skies to help their circumnavigation of Rideau Island on Sept 9, 2017. The event was a Canada 150 celebration organized by members of the Old Ottawa East Community.

PHOTO BY: **PATRICIA CROSSCOMBE**

Paddling the Rideau Island

BY TARA HOGETERP

On Saturday, September 9, nearly 25 canoes and kayaks slipped into the quiet waters of the Rideau Canal at the Clegg Street dock across from the Canal Ritz. We were embarking on a 20-kilometre journey along the water through Ottawa, circumnavigating Rideau Island.

My family paddled up to Carleton University, our canoe bringing up the rear. It was quite a sight to see canoe made our way to the locks, where we first pulled the boats out of the water. It was a tough first portage, but we made good time and were eager to get into the Rideau River and let the current do some of the work.

Being so close to wildlife along the river was lovely. We saw turtles sunning themselves, ducks, geese, swans, blue herons and cormorants. The bridges along after canoe before us on the canal. We the river were impressive in

Continued on page 5



Coun. David Chernushenko rides throughout Ottawa as he makes his way through all 15 cycle tourism routes recently developed by the City of Ottawa. See more in his column on page 22. PHOTO BY: GAIA CHERNUSHENKO

Dakota waits patiently to cross the new pedestrian crosswalk on Greenfield Avenue at Concord Street North. New, larger curbs are another new feature at this corner.

PHOTO BY: BONNIE WEPPLER



Rohlyn, 5 and Jacob, 5 started back to school in Senior Kindergarten at Lady Evelyn Alternative School. It wouldn't be back to school weather without a little rain on their first day. But a few drops didn't seem to get these two down and this Fall has seen hot sunny skies since. PHOTO BY: MEREDITH NEWBERRY



Happy paddlers at the locks near Carleton University September 9th. Tara Hogeterp, Ed Janes and their children Isabelle, 9 Owen, 7 took part in the Old Ottawa East Community Association-led Circumnavigation of Rideau Island. See more about their adventure on page 1. PHOTO BY: PATRICIA CROSSCOMBE



OCTOBER 2017 Mainstreeter OCTOBRE 2017

The first residents of Greystone Village moved into their new town house September 13. The delighted Toni Najem (right) with his son Riccardo, chose Greystone Village and Old Ottawa East because "We always wanted to be downtown but we also wanted to be near nature." The Najem's lived in Hunt Club for 20 years. They see the new development "as the best of all worlds." Riccardo Najem is buying a unit in the Greystone condominium that will soon be under construction just to the east of Saint Paul University. PHOTO BY JOHN DANCE

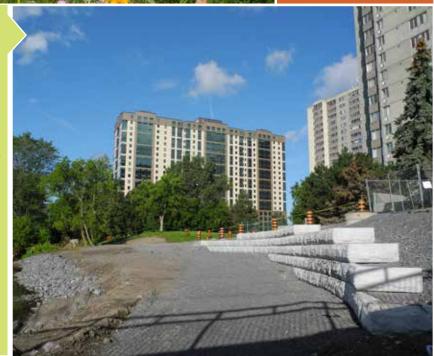




Making our neighbourhood beautiful, one flower at a time. These flowers are growing at the community garden behind Saint Paul University. PHOTO BY: BONNIE WEPPLER

The Main Farmers' Market has been offering fresh fruit, vegetables, baked goods and so much more local freshness throughout the season. Colourful berries line the table at this stand in September. A delayed and overly wet growing season meant that many of the Main Farmers' Market farmers faced adversity, but the sun of the Fall season has stepped in to help. The Market has seen an upswing in visitors over the past few weekends. The Market operates every Saturday morning, rain or shine, until Oct. 28. PHOTO BY: CYNTHIA DWYER.

The new Rideau River Western pathway will open by the end of October 2017. This portion of the pathway near Lees Avenue will run under the O-Train bridge. See more on page 4. PHOTO BY: JOHN DANCE





Amanda Belanger and her boyfriend Brian Lyn with their dog Chewy having a date night. Wizard of Oz is Amanda's favourite movie. PHOTO BY: ASHLEY BURKE



Mark Seebaran watching the Wizard of Oz with his 7-year-old daughter Maya. PHOTO BY:
ASHLEY BURKE



"Transparent Passage" by Ottawa artist Amy Thompson will grace the Lees station.

IMAGE: AMY THOMPSON

The O-Train's A-Coming

BY JOHN DANCE

When Phase 1 of Ottawa's light rail that runs through the eastern portion of transit (LRT) system hits the tracks next summer, residents of Old Ottawa East will be able to get downtown in a fraction of the time.

From road closures to transit woes, the O-Train, the city's largest infrastructure project, has been difficult for many parts of the city.

For Old Ottawa East, LRT construction has forced the closure of the Lees Avenue eastbound access to the Queensway, disrupted bus routes and blocked parts of the pathway network the neighbourhood.

However, by the end of October, the Rideau Western Pathway will open under the LRT bridge with a new switchback leading into the nowcompleted pathway running through the entire University of Ottawa's Lees campus. Further south of the LRT bridge, the newly paved pathway will end at the corner of Onslow Crescent and Burnham Road in the Brantwood Park neighbourhood.

Steve Cripps, director, O-Train Construction said the re-opening of the eastbound access to the Queensway won't happen until the O-Train is fully operational and until the new Queensway lanes have been converted from "bus-only" use to regular vehicle usage, which he expects to happen later in 2018.

Once the O-Train is fully operational residents will be able to zip from the newly built Lees station to the central Parliament station in under 10 minutes compared to the 20-30 minutes it currently takes on the transitway buses during rush hour.

According to Cripps, progress on the Lees station continues and will be substantially complete by the end of the year.. The structural steel, tracks and overhead electricity supply cables are complete.

The Lees station design includes an atgrade entry plaza on the south side of the alignment and to the west of Lees Avenue. The entry plaza leads to a central concourse which has stairs and four elevators going to the platforms at rail-level.

"Lees station is designed as a side platform arrangement in order to minimize disruption to existing infrastructure," the LRT documentation states, referring to the need to maintain the existing groundwater treatment plant required because of the contaminated lands from a former coal gas plant in the vicinity.

A striking new feature of the new station will be the public art installation entitled "Transparent Passage" by Ottawa artist Amy Thompson.

"As I work primarily in collage, I wanted to create a multi-layered piece. I chose to use sculptures of a bird in flight against the westbound retaining wall. In front of this, is a 90-metre long platform made from digitally printed glazing panels. The piece will look different from various viewing angles in and outside of the station," said Thompson.

"The piece was created to be site specific to Old Ottawa East," said Thompson. "Once I discovered the station I was working with, I began researching the history of the area. I created a timeline, and instead of using a linear timeline in the piece, I use the layers of the piece to create a more organic timeline. Patterns and symbols are used to depict different eras and aspects of this area."

MORE PATHWAYS FOR PEDESTRIANS TOO

Another benefit of the new O-Train line is the creation of a multi-use pathway running parallel to the tracks from

Hurdman station on the southeastern side of the Rideau Riverto the University of Ottawa station, north of Lees station. Dubbed the "central LRT Pathway" by City cycling officer Robin Bennett, the new route will be part of the emerging Crosstown Bikeway #4 which will run from Blair Road at Bank Street to Laurier Avenue at Waller Street.

"We hope both pathways [Rideau River Western and LRT] will introduce new cycling corridors that cross each other that will encourage a lot of new people to start using their bikes for convenience," said Bennett. "The travel time between Old Ottawa East and the Main Campus University of Ottawa/LaurierAvenue/downtown will be significantly decreased since there are no stop lights and the route is very direct."

The City's O-Train publicity describes the Lees station as "A transit hub in a vibrant and growing community," and, with all of the transportation improvements and the many large developments underway, description may be apt.





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PADDLING THE RIDEAU ISLAND: AN OOE TREK - cont. from page 1

their own right, in particular Adawe Crossing, Cummings Bridge (Montreal Road) and the stunning white bridges near Old Ottawa City Hall (now Global Affairs Canada). At this point, we took our boats out of the water and portaged down to the Ottawa River.

A number of boats bid us good-bye at Brantwood park. However, 12 canoes and two kayaks made

the full journey. Among those were two families (including ours) with some of the youngest children participating, as well as two canoes with dogs.

It must have been quite a sight to see so many canoes being portaged past the Governor General's residence that day. As we hauled our boats down the

steep path to the water, I worried that this third leg of our journey would be tough. However, the weather was kind to us providing sunny skies but cool air, and the wind was at our backs on the Ottawa River. We heard the roar of Rideau Falls, spotted the Prime Minister's residence under construction and watched cars drive over our heads under Alexandra Bridge. The water was choppy at times so I was grateful to spy Parliament Hill and get to the base of the canal for the final (and steep!) portage.

After a short rest, we made our way up past the locks for the last leg along the canal. We paddled under a raised Pretoria Bridge and when the familiar sites of Old Ottawa East came into view, we knew we were

close. Seeing the Clegg dock in the distance, we paddled hard to return home, although we had never been more than 4km from our house all day.

It took us five-anda-half hours to fully circumnavigate Rideau Island. The journey was not without its challenges for family. At Brantwood, one of our paddles was accidently taken by an exiting canoe. I had to run barefoot down the road to borrow a paddle from a family who was only doing half the route. The portages were also tough, all of us feeling the weight of paddles, food, water and the canoe.

Our kids were perhaps less than enthusiastic about the journey before we started, but they enjoyed the trip as much as we did and they particularly enjoyed running the rapids at the Adawe Crossing. That

said, sharing this journey with other paddlers was what made it so special. We chatted along the water, at rest stops and shared our stories at our post-paddle picnic in Brantwood Park.

Of all the Canada 150 activities we participated in this year, I have to say that this one was the most memorable and our family favourite.

DID YOU KNOW?

OLD OTTAWA EAST SITS UPON RIDEAU ISLAND ALONG WITH OLD OTTAWA SOUTH, SANDY HILL AND THE BYWARD MARKET - SURROUNDED BY WATER ON ALL SIDES.

THANKS:

This event would not have been possible without the hard work of organizing committee. A special thankyou to John Dance, who came up with the idea and lead the group. Thanks also to: Don Fulger, who took care of registration and

paddled the trial run in the spring with Fred Simpson and Suzanne Gagnon; Denise and Stuart Inglis, for the superbly organized and run BBQ following our paddle; Jamie Brougham, who ensured we had access to washrooms along the route. (Thanks to you Tara, for handling all the communications and outreach! - Editor)

Other special thanks to: David Chernushenko for joining us and contributing to the BBQ, Carol Workun and CAG, the NCC, Parks Canada, the Aqua-Taxi, Catherine McKenna who provided flags, the Green Door who provided delicious salads, Pat Crosscombe for following us along the route and photographing the event and Steve Fick for designing the perfect map.



MAIN STREETER

www.Mainstreeter.ca

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Community Activities Group: Call Old Town Hall at 613-564-1078 and leave a message for Carol Workun

Community Police (for non-emergency concerns): 613-236-1222 x5287 or huntmr@ottawapolic.ca

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Old Ottawa East Community Association: info@ottawaeast.ca

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Fifth-Clegg Footbridge Construction: What to Know, How to Prepare for Detours

BY MIRANDA BRETHOUR

Construction is finally set to move forward on the much-anticipated Fifth-Clegg footbridge. With the funding now in place, crews will start on the Glebe side around mid-September and will turn to the Old Ottawa East side by mid-October.

To help pedestrians, bikes, and cars travel along Colonel By Drive and Queen Elizabeth Driveway during construction, detours will be put in place, which may impact the commute if the canal is residents' route of choice.

The detour through OOE will start in November. The city's website outlines this detour as consisting of, "A clearly signed pathway detour ... between Clegg Street and Herridge Street with a signalized crossing at Herridge Street to return to the pathway along the Canal." Detours will remain in place until Labour Day 2019.

Detours on the Glebe side will begin the week of September 18 with a

signed and paved pathway between Third Avenue and Fifth Avenue along Queen Elizabeth Driveway.

Despite the construction and related detours, one OOE resident remains enthusiastic about the bridge. "I'm excited for the bridge," a resident living in close proximity to the detours remarked. "The access to the Glebe will open up a lot of possibilities."

Another resident, Cynthia Dwyer, voiced a similar optimism. "As far as I can tell there will be minimal effect to me, I just have to take a small detour and the benefit of finally having the bridge easily outweighs it." Rather than the detours, Dwyer expressed cautious concern about the potential noise pollution resulting from the construction process itself.

In addition to the detours, construction will also slightly increase the number of trees along both sides of the canal. The city's Project Manager Richard

Moore said there will be 63 new trees planted, 16 relocated and 59 removed. Requirements for construction include that the large oak tree at Clegg Street will be protected and preserved.

Trees on the west side of the canal which interfere with the installation of trailers and fencing will be removed. The remaining trees will be removed

in November and new trees planted in

Despite these upcoming changes, skating and boating enthusiasts need not fret. The city has confirmed that it does not expect construction to impact the accessibility of the Rideau Canal for skating or boating.



Old Ottawa East Fall Festival Thanksgiving Monday, October 9 10:00 a.m. = 2:00 p.m. FREE Raindate: Saturday, October 14

Brantwood Park, 39 Onslow

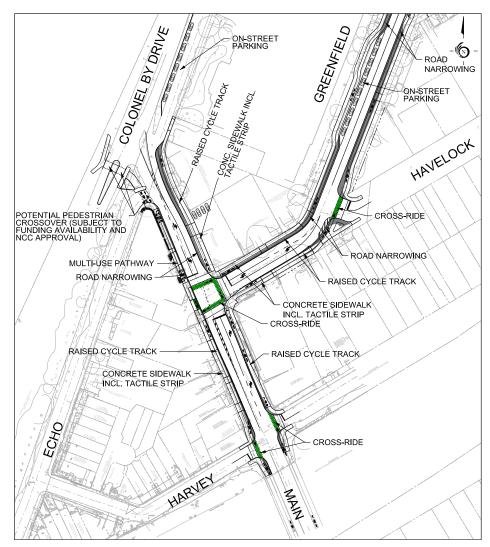
Pumpkin decorating, apple bobbing, face painting, bouncy castle, strolling juggler, food trucks and





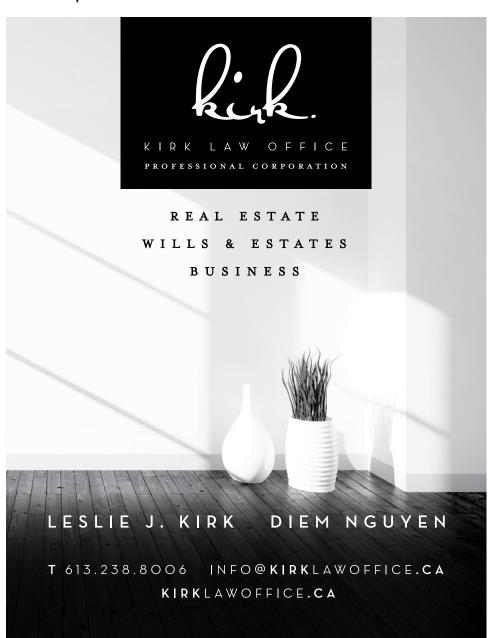
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NORTHERN MAIN ALSO TO BE A COMPLETE STREET - cont. from page 1



GRAPHIC: CITY OF OTTAWA

The City's functional design for the northern part of Main Street and Greenfield shows improved pedestrian and cycling facilities like those of the rebuilt southern portion of Main. GRAPHIC: CITY OF OTTAWA



trees. This is a challenge in a space-constrained urban area," said Coun. Chernushenko. "I am pleased overall with the result. It will be a huge improvement for most."

Ryan Power, owner of The Emporium at the corner of Harvey Street and Main Street, echoes this sentiment.

"The plan looks awesome," said Power, a resident of Alta Vista who often bikes to work along the new Main Street cycle tracks south of the Queensway.

However, as one of Old Ottawa East's oldest businesses, The Emporium has endured years of construction and Power worries the new project – slated to begin in 2020 – could have a negative effect on his business.

The planned road work extends considerably beyond Main Street. With the exceptions of Harvey Street east of Main, Concord Street North between Harvey Street and Havelock Street, and Havelock itself, all of the other streets in the area – including the full length of Greenfield Avenue and Hawthorne Avenue west of Main Street - will be reconstructed.

In addition to wider sidewalks in a number of areas there will also be better cycling facilities on both Hawthorne and Greenfield Avenue, including raised cycle tracks along Greenfield and a short multi-use pathway on the east side of Colonel By Drive between Hawthorne Avenue and Graham Avenue allowing cyclists to readily access Echo Drive to the south and the bike lanes on Graham Avenue. The modifications on Greenfield Avenue will lead to a reduction of on-street parking in some sections.

The full cost and duration of all of the work has not yet been determined.

CROSSING AT COLONEL BY

A proposed safer crossing at Colonel By Drive from the west side of Main Street is also in the project plan and within the National Capital Commission's initiative for safer crossings of the canal parkways. Originally Old Ottawa East was slated to get only the safe crossing at Clegg Street along with the existing crossing at Pretoria-Hawthorne.

NCC spokesperson Cédric Pelletier said, "In the spirit of implementing the 2011 Rideau Canal Corridor Pedestrian Crossing Study the NCC has worked with the City of Ottawa on the conceptual idea to integrate its cycling and pedestrian network on Main Street with the popular Eastern Rideau Canal Pathway. The Commission is pleased with the City's ongoing commitment to enhance connections in that corridor."

Vanessa Black said the improved crossing at the northern end of Main is "subject to funding availability and NCC approval."

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Bonnie Weppler while in Papua New Guinea in 2006.

I've been thinking about risk lately. I consider myself fairly risk-tolerant in most areas of my life. For example, days after graduating with my BA, I made the big move from southern Ontario to Montreal. Friends let me stay in their apartment while they were out of town. Otherwise, I knew no one in Montreal, had no permanent place to live, nor did I have a job. In the late 1980s, it was only a matter of a month or so before everything was sorted out.

Ten years later, I made an even bigger move: from Montreal to Papua New Guinea. This time, housing and a job were arranged. But I knew no one and I couldn't speak any of the 850 languages or either of the two lingua francas, Melanesian Tok Pisin or Police Motu. I had to learn a completely different culture and it really seemed that everything I had "known" for the past 30 years had to be thrown out and I had to start all over again.

Another 10 years later, it was time to come back to Canada so that I could do my MA. I not only had to learn my subject but I had to learn how to be a student again. In the 80s, we went to the library, to the card catalogue, searched for a book or subject, noted where we would find the book, went to those shelves, picked up what we wanted and checked out. What is this Scholars' Portal? Online journals? I didn't have to leave my house and could still do academic research?!

There are other risks in life journeys too. Getting married. Buying a house. Having children. Changing jobs. Risk, risk, risk, risk

The Mainstreeter is looking for an editor. We've plastered the neighbourhood with posters. We've advertised in The Mainstreeter and the Old Ottawa East eUpdate. Sadly, there hasn't been much interest in this position. Some Board members have stepped up to make sure that The Mainstreeter lives on during this time but this arrangement isn't a long-term option.

You don't need to have any journalist or media background to hold this position. In fact, the essence of the editor's work is an organizational and coordinating role. We are looking for someone who can identify stories and assign them to our writers; someone who can track which articles are expected for the issue; and someone who can work with our team of volunteers and help to recruit more volunteers. What we need the most is someone who loves our community and has some time to donate so that our neighbours remain engaged and connected. Are you that person? Are you willing to take a risk? We'd love to hear from you.

BONNIE WEPPLER

Secretary, Board of Directors The Mainstreeter

songe souvent au risque dernièrement. Je me considère assez ouverte au risque dans la plupart des domaines de ma vie. Par exemple, quelques jours seulement après avoir complété mon baccalauréat en arts, j'ai déménagé du sud de l'Ontario à Montréal. Des amis m'ont permis de vivre dans leur appartement quand ils n'y étaient pas. À part eux je ne connaissais personne, je n'avais pas d'emploi et nulle part où vivre. À cette époque, la fin des années 1980, ce n'était qu'une question d'un ou deux mois avant que tout tombe en place.

Dix ans plus tard, j'ai effectué un déménagement encore plus important : de Montréal à la Papouasie-Nouvelle-Guinée. Cette fois-ci, le logement et le travail étaient tous deux réglés d'avance. Néanmoins, je ne connaissais personne et je ne parlais aucune des 850 langues ni les deux lingua franca, le tok pisin mélanésien et le police motu. J'ai dû apprendre à connaître une culture complètement différente de la mienne; c'était comme si tout ce que j'avais connu pendant les 30 dernières années était mis à la poubelle et que je devais recommencer à zéro.

Puis, dix ans après cela, le temps est venu de revenir au Canada et de faire une maîtrise. Non seulement devais-je me familiariser avec mon sujet de mémoire, je devais également réapprendre à être une étudiante. Dans les années 1980, on se rendait au catalogue sur fiches à la bibliothèque, on cherchait le livre ou le sujet voulu, on notait où tel livre se trouvait puis on allait récupérer le livre dans les rayons. Qu'était-ce que ce Portail des étudiants? Les revues en ligne? Je n'avais pas besoin de quitter mon salon pour effectuer mes recherches académiques?!

La vie comporte d'autres grands risques : se marier; acheter une maison; avoir des enfants; changer d'emploi. Risque, risque, risque, risque.

Le Mainstreeter est à la recherche d'un rédacteur en chef. Nous avons affiché des annonces partout dans le quartier. Nous avons publié des annonces dans le Mainstreeter et dans le bulletin électronique du Vieil-Ottawa-Est. Malheureusement, ce poste ne suscite pas beaucoup d'intérêt. Quelques membres du conseil d'administration ont offert d'assurer le fonctionnement continu du Mainstreeter à l'intérim mais ce n'est pas une solution à long terme.

Ce poste ne requiert aucune expérience en journalisme ou en communications. En fait, l'essentiel des tâches du rédacteur en chef consiste à organiser et à coordonner. Nous sommes à la recherche de quelqu'un capable d'identifier les histoires et les attribuer à nos journalistes; quelqu'un capable de faire un suivi sur les articles attendus pour chaque numéro; et quelqu'un capable de travailler de pair avec notre équipe de bénévoles et en recruter des nouveaux. Toutefois, nous cherchons surtout quelqu'un qui aime notre communauté et qui a du temps à offrir pour assurer que nos voisins sont engagés et connectés. Êtes-vous la perle rare tant recherchée? Êtes-vous prêts à prendre un risque? Nous attendons de vos nouvelles!

BONNIE WEPPLER

secrétaire, conseil d'administration The Mainstreeter

LETTER TO THE EDITOR

How I mused at the article about the fearless swan that intimidates paddlers (August 2017 Mainstreeter).

I totally understand the concern about the swans as wild animals that can attack. However, these famous birds are not about to hurt anyone. They are great animals.

Once, a swan started swimming beside my kayak. I got tired of paddling slowly so it could keep up. So, I sped up. It fell behind and then did its flapping its wings and running on the water thing. I swung around so quickly I nearly fell out of my kayak. Then I laughed and thought to myself, 'You big suck. Stop being afraid.' And that was it. Since then the Royal Swans of Brantwood have offered many fond memories.

I understand I'm not being sympathetic. I feel for people who are genuinely afraid. But, don't be. Ignore the swans and carry on.

The picture I am including is from one of my best encounters with the Royal Swans near Brantwood. One came after me very aggressively. I raced around a corner and waited for it. It looked like it was ready to take me on. Then it saw me with my camera out. It turned and was as peaceful and beautiful as it could be. It was a remarkable moment.

Jamie Brougham
OOE Resident and supporter of the River!



Picture perfect proof that humans and swans can peacefully share the river.

PHOTO BY: JAMIE BROUGHAM



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Heritage Status: Does it Pay to Complain

BY RON ROSE

In the middle of June, more than 160 homeowners in Old Ottawa East woke up to discover their homes were being considered for designation on the City of Ottawa's Heritage Inventory. A report presented to the Planning Committee indicated that 3100 dwellings in Old Ottawa East and Old Ottawa South were evaluated and 357 were deemed worthy of being placed on the heritage register. One-hundred-and-sixty of these houses are within Old Ottawa East.

Homeowners were provided with some information about their designation but that aroused more questions. Many residents have heard about the significant constraints that are placed on a house when it has been designated as a Heritage Building, so people were left asking "what does this actually mean for me?"

A number of OOE residents attended an Open House on June 22 to express their views on the inventory. Concerns included the impact on the development potential of a property, the costs involved in maintaining heritage aspects and the perceived lack of transparency in the process. Local resident Mark Audcent told the committee, "Our biggest concern is how such a listing will affect the economic value of our home."

Some home owners were bewildered about why their dwellings were considered for the inventory, claiming there was nothing significant about their dwelling. Julie Harris, a consultant to the Ottawa Archdiocese, referring to the church at 152 Glenora St., said the church is one of dozens in Ottawa of its kind, "its simply not distinctive."

The City told residents that being included on the inventory does not necessarily mean the dwelling will be included on the final Provincial list of designated heritage buildings under the Ontario Heritage act. The City also stated that being included on the inventory does not affect the owner's ability to renovate or change the exterior of the dwelling. According to the City, having a dwelling listed on the inventory also should not affect the owner's ability to sell their home as sellers are not obliged to disclose

the fact that a dwelling has been included on the heritage inventory to any prospective buyer, although the information is publicly available online.

The only restriction noted in the information residents received is that a homeowner has to give the City 60 days notice before they demolish a home listed on the inventory. That restriction raised a number of skeptical eyebrows. City staff have made it clear that the 60 days notice was to give the City time to review the application and, if deemed appropriate, have a dwelling designated as a heritage property. This designation may mean the owner would not be allowed to demolish the dwelling.

The Planning Committee met again on Sept 12 and approved the addition of most of the 160 buildings, but temporarily exempted the dwellings of those who had raised objections at the Committee meeting. This led to some concerns about fairness. Coun. Steven Blais called the move unfair to the people who didn't have time to come to City Hall to speak to the committee or aren't aware of the implications of the register on their properties. "I don't think the failure to respond should be an indication of your [the Committee's] support," Blais said. He wanted to see councillors halt the addition of all the properties.

School Board Trustee Update: Back to School

BY SHAWN MENARD

Back to school time is upon us and the Lady Evelyn school community is top of mind as we discuss programs, community use of schools, the budget for quality education instruction, and many other issues.

This past June, I put forward successful budget motions which enhanced our teaching and special education complement, added back proposed office staff cuts, increased the budget for school playgrounds, and challenged proposed fee increases for our extended day program. This will make a difference this year for our community and the students living in Old Ottawa East.

SCHOOL CLOSURES AND REVIEWS

The most difficult decisions that have occurred over the past year have been related to school closures and accommodation reviews. In part, these have been brought on by provincial reductions to grants intended to assist lower capacity schools, and in other cases, these have manifested as a result of planning decisions.

The west end and Rideau High School were impacted most by these closures. In the case of Rideau High School, the vote was 7-5 to close the school, one vote from reversing the decision. After considering all of the information, I voted against the closure of this school and others largely based on my view of student well-being, community feedback received, and educational outcomes.

The next review scheduled was for the Alta-Vista area with Capital ward and Somerset ward to follow that (2019 TBD). However, just a couple of months ago, the provincial government halted their own Pupil Accommodation Review Guidelines (PARG) which were put in place just one year ago - these are the guidelines used for major changes to schools, including closures, and they outline how consultation with the public should be conducted and factors to consider. It's now unclear what timelines for reviews will take place, and what changes PARG may undergo. I've previously made suggestions that socioeconomic impacts and robust public consultation both need to be enhanced. I'm hopeful these changes will be made.

Shawn Menard is the OCDSB Trustee for Capital Ward and Rideau-Vanier Ward. He also lives in Old Ottawa East. He would welcome any suggestions you may have at Shawn. Menard@OCDSB.ca.





These kids are happy to be under the shade of the new gazebo at Lady Evelyn Alternative School. L-R: Noemi, 4, Aaliyah, 5, Stella, 6, James, 6, Isaac, 7, Elliot, 7, Vivi, 8 and Nate, 3.

PHOTO BY: MEREDITH NEWBERRY

Welcome from Lady Evelyn's New Principal

BY BRIAN BEGBIE

Brian Begbie is the new Principal of Lady Evelyn Alternative School. He joined the team in June 2017.

This fall marks the school's 128th year of operation, and on September 5th our 150-plus students returned from their summer break to enjoy a brand new play yard. Adding to the existing modern play structure and basketball hoops is a decorative shade gazebo, a field of permanent synthetic grass, a levelled yard that increases the area of play, newly planted trees and decorative iron fencing. We would like to thank the OCDSB for helping create such an appealing place for our children to play.

As we begin the year, our students, staff and parents help us develop some goals for the year. We know that Mindfulness and Resiliency will be embedded in our "Wellness" plan. In our first assembly of the year, our inspirational message to students was that "you can do anything."

As many of you know, Lady Evelyn is a unique school in the heart of the city. It is one of four elementary schools in the OCDSB that follows

the Alternative education philosophy. Our Seven Tenets set our school apart.

- 1. An emphasis on cooperation and teamwork; not competition.
- commitment to innovative teaching and learning through a shared responsibility among staff, students, and parents.
- 3. A balance between student-directed and teacher-directed learning.
- 4. Multi-aged classes to allow students to learn from each other and the teacher.
- 5. Integrated curriculum to stress the interrelation of all learning and subjects.
- 6. A family and community-centered environment where parents are essential for the partnership between the home and school.
- 7. An ongoing assessment that includes student self-evaluations and student-led conferences.

Located in the heart of the vibrant Old Ottawa East community, Lady Evelyn Alternative School has deep historical roots. The school has a proud history of serving families that stretches back to 1889 when a one room schoolhouse

was located on the same site. Throughout the years, the school has transformed to suit the times. In the 1980s the school was designated an Alternative Program Site, and in 1994 a brand new building was constructed with input from staff and parents.

Lady Evelyn Alternative services a very large area of Ottawa from Sandy Hill to Preston Street and the remainder of the downtown inside the Rideau River. If you are a family in our area you can register your children at our school. There are no special

requirements to attend our program, and everyone is welcome. Our small size and student centered approach ensures that staff get to know the students very well and are very active participants in their joy of learning and growing.

As the new and very proud Principal of Lady Evelyn, I welcome you to visit with us at any time for a tour. Our doors are always open. Stop by and see our new yard.

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Local Man Helps Collect 150 Canadian Stories of Peace for New Book

BY THERESA WALLACE

"Peace comes in many forms," says Old Ottawa East resident Yves Morneau. He should know, having spent decades living and working in conflict-torn areas around the world. Now retired, he is devoting his time to collecting inspiring stories of peace.

Working with fellow peace activists, Morneau is poring over submissions that will be included in a bilingual book of 150 stories about peace to mark Canada's sesquicentennial. The stories are written by ordinary Canadians using simple language.

"The first story I read was about finding inner peace. I was struck by that. It was written by a new Canadian who had to fight to be accepted here," Morneau said.

"Other stories stress that peace comes from speaking from the heart and from better communication between people," added Morneau. "Many of the stories are written by people who previously lived under tyrannical governments but have found peace in Canada."

"There's a story from a nine-year-old boy who had a problem with three bullies in his class. He made friends with one of the boys, which solved part of his problem, but he says he still has to figure out how to deal with the other two bullies," he said.

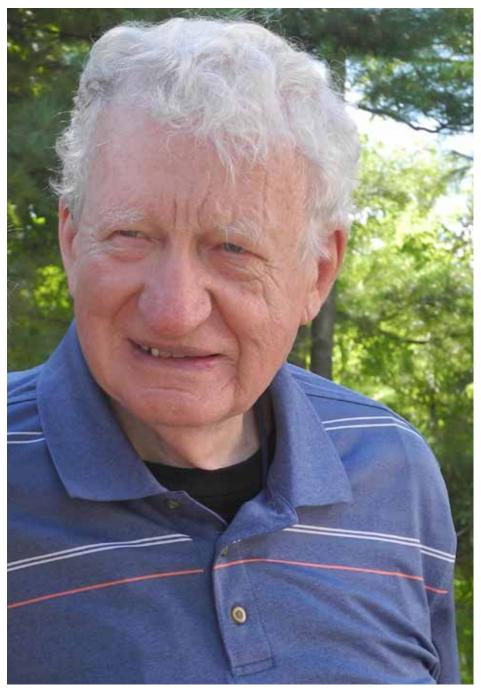
He has also contributed his own stories, written in French, from a lifetime of work promoting peace. But Morneau admitted with a smile, that he does not get to evaluate whether those are selected. The other members of the selection committee will do that.

Yves Morneau has lived in Old Ottawa East with his wife Lise since 1980. When he retired from the Canadian International Development Agency in 2004, he obtained a masters' degree in conflict studies from the University of Saint Paul on Main Street. He became chair of the board of the Canadian Institute for Conflict Resolution at the university, and is now a certified peace professional with the Civilian Peace Service Canada.

His colleague with the Civilian Peace Service Canada, spoken word poet and author Evelyn Voigt, says the deadline for submitting stories to the print edition of the book has passed, but online contributions are still welcome.

The book, scheduled to be published by the end of this year, is a project of the Civilian Peace Service Canada, Walking for Peace, and Spirit Wrestlers.

Stories must be true, and can be written in French or English. Submissions must not exceed one page and must be typed in Times New Roman 12-point font. The title of the story and the author's name should be included at the top of the page. Stories should be submitted by email to 150PeaceStories@gmail.com.



"Peace comes in many forms," says Old Ottawa East resident Yves Morneau. He is marking Canada's 150th birthday by helping to judge submissions for a book about peace.

PHOTO BY: JOHN DANCE



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New Perennial Garden at Main and Riverdale

BY MEREDITH NEWBERRY

It's been said it takes a village to raise a family. Now, the same can be said of a new garden on Main Street. A group of Old Ottawa East residents are working together to maintain and nourish a new perennial garden at the intersection of Main Street and Riverdale Avenue.

It started when Echo Drive resident Margaret Vant Erve was reviewing plans for a new green space planned for the corner of Main Street and Riverdale Avenue. Drivers and pedestrians may recall that the area was formerly a turning lane from Main to Riverdale, and also a pedestrian crossing. The turning lane was removed during the Main Street reconstruction and in doing so a new green space was created.

The City plan for this space included trees and grass, but Vant Erve felt that something was missing. She envisioned a perennial garden would complement the city plan. She initiated conversations within community groups to gauge interest and support.

"SLOE and OECA heartily endorsed The project involved City project the project," said Vant Erve. "They felt that it would further encourage more Ottawa residents to cycle, walk and enjoy Main Street. It also would foster community for the participants engaged in the project and [spread that fellowship through] their interaction with others who pass by the garden."

This isn't the first time the Old Ottawa East community has stepped up to take responsibility to beautify the neighbourhood. As reported in The Mainstreeter in June, a group called the Rideau Gardeners adopted a Cityowned traffic island a few streets down from Main Street. They collected donations of flowers, and volunteer to maintain the garden.

To fund the beautification work at the Main and Riverdale intersection, Vant Erve applied for a grant from the Community Environmental Projects Grant Program. Her initiative paid off—the project was awarded \$1,000.

managers for the Main Street Reconstruction as well as consultations with nearby experts to select various shrubs and perennials for the site (daisies and coreopsis have been doing well in this sunny, sloped location). Next, Vant Erve recruited community volunteers to plant, maintain and provide any other labour required to keep the garden blooming.

The new group soon discovered that getting water to the site was going to be a problem. "When initially planning the garden, I knew that we would need a reliable water source, as relying on rainfall is inadequate for a flower garden," said Vant Erve. "I had worked hard to get a tap installed on-site, since the city was redoing the water mains and sewage. The tap was initially approved, but then public works did not have the budget to maintain it, so unfortunately the tap couldn't be installed."

Plan B came together when Riverdale Avenue homeowner Karin Brenner stepped up and offered access to her home's exterior water tap. Volunteers may now use her tap to fill up two rain barrels, tucked away behind the trees. The Brenner family is reimbursed by the OECA for their water expense.

"Planting was done on a very windy June 18th just before one of the many downpours this Spring," said Vant Erve. And while April showers may bring Spring flowers, too much rain has created an issue she said. "Anyone who has travelled by the garden will see that the shrubs are doing very well. The perennials are surviving but it is a sloped garden, so runoff is a problem." The group wants to remove the mulch and add peat and compost to improve water retention next year.

There are six volunteers currently working with Vant Erve at the Main and Riverdale garden, but she welcomes anyone else who would like to participate in it's care...





Now's the time to start planting some of your perennials for next Spring's garden.

According to Old Ottawa East's Angela Firman, owner of Wild Roots Floral & Garden, daffodils and tulips are ready to be planted. Daffodils need to put out roots, so they should be planted now. Tulips should be planted at this time of year too, now and until the ground freezes. However, since of our many resident squirrels love to dig up tulip bulbs, you might want to wait a little bit longer to plant them, and use bone/blood meal as a deterrent, if you wish. Firman also reminds residents that OOE is in hardiness Zone 5. That means any plant a five or lower is likely hardy enough to survive our harsh winters.

OOECA 2018 Fall Membership Campaign

BY SUZANNE JOHNSTON

As Old Ottawa East continues to transform there are many new residents to welcome. The fall campaign for 2018 memberships for the Old Ottawa East Community Association starts in early September and draws to a close at the Annual General Meeting (AGM) on November 14th, 2017.

For all new residents, the OOECA welcomes you. For existing residents we look forward to continuing to see you at community events and meetings.

Starting in September an OOECA volunteer will come to your door. They will ask you to either renew your existing membership or sign up as a member of the Old Ottawa East Community Association. An annual household membership costs \$3.00. This small annual fee pays for association expenses, various community events as well hosting of

website. If no one comes to your door, it could mean that no one has signed up to canvass your street or they have missed you. If you would like to inquire about the canvasser for your street or would like to sign up to canvass your street, please contact Suzanne Johnston at suzanne.johnston@sympatico.ca.

As OOE embarks on this exciting period of growth and change, we hope that you and your family will be involved. It is your community; make sure you come out and have your say.

At the time of writing, we are looking for canvassers for the following streets:

NORTH END:

Harvey

Echo – North of the Queensway to the Canal

Main – North of the Queensway

SOUTH WEST:

Echo-Clegg to Riverdale Mutchmor Road

CENTRAL:

Echo - South of Immaculata to Clegg Hazel

Main - Immaculata to Clegg

The time commitment for membership canvassers is minimal, usually only two or three hours, and involves the following:

- Go door-to-door on a sunny day on your appointed street to hand out notices for the Annual General Meeting and either renew or sign up new households for membership in our community association.
- Turn in your canvass kit to the Zone Captain by the end of October.
- Meet new people on your street always interesting.
- Attend a wine and cheese get

together for all the Canvassers and Captains hosted by the membership chair the first week of November – Best part!!

OOE is fortunate to have an engaged community and over the years our Community Association, with great input from residents, developed a well thought out Community Design Plan committed to maintaining the heritage of Old Ottawa East. As OOE takes on its new shape the community can be proud that the integrity of the plan has been respected by developers and the City of Ottawa. As the neighborhood continues to evolve we look forward to having new residents and current residents participate in the growth and change in this wonderful community.

Suzanne Johnston is Chair of the OOECA Membership Committee

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Plans Blooming For The Children's Garden

BY CATHERINE HOOKER

After design sessions with the community's children and meetings between the City and the Garden committee, the final layout of the new Children's Garden is complete. When the contractor is selected, and if all goes as planned, the remediation process should start and finish before winter.

The City will replace the garden beds with raised planters of equal square footage ranging in height from 24- to 34-inches so that children of all ages can see and reach them.

A retaining wall will be built along the back (east) edge of the Garden to maintain the existing tree line. The new grade will allow the required amount of clean soil to be put on top of the contaminated soil with minimal excavation/disturbance. The retaining wall will be separated from the Garden by a chain-link fence, to which bee houses and bug hotels could be mounted. As many trees as possible will be saved.

Provincial regulations require a minimum 20% of the paths to be

accessible and the City has agreed to use stone dust rather than asphalt, concrete or other impermeable material. Original stepping stones will be reused and incorporated as well.

Children's Garden committee members are sourcing interactive signs, with subjects such as the composting process and the life cycles of insects and plants.

The sandbox will be moved to a more shaded area, freeing up sunny space for gardens. The new location will also include a bark chip area as a loose-materials play zone.

The beloved "Truffula Tree" will be incorporated into the new design. It has become a favourite item in the Garden -- the children climb it to ring the wind chimes.

The team plans to resume programming in the spring of 2018.

New fence pickets still need painting and they hope to offer another painting party at the Brantwood Fall Festival.

The "Walk for the Centre" Returns October 15

BY MAUREEN KILLORAN AND KRISTINE BURR

A local Old Ottawa East group is asking residents to lace up their shoes Oct 15, 2017 for this year's Walk for the Centre. The walk raises money to help support the Centretown Emergency Food Centre. This year's walk will take place on Sunday, October 15th, and will offer a shorter walk to Parliament Hill, as well as a longer 3.5 km walk along the Rideau Canal.

Last October a lively crowd turned out to participate in the walk that highlights the need for greater food security in central Ottawa. Over 400 people contributed funds or participated in the walk and raised over \$13,000 for the Centretown Emergency Food Centre, the main project of the Centretown Churches Social Action Committee (CCSAC). Several Old Ottawa East churches are members of CCSAC, and a number of local residents volunteer regularly at the Emergency Food Centre.

People who are hungry or on a limited

budget in central Ottawa, may already be familiar with the Food Centre, located at 507 Bank Street. The Food Centre has been in operation since 1978, and there is no risk that the need for its services will disappear anytime soon.

In recent years, the number of people accessing the Food Centre has increased, partly because of the added emergency shelters in the catchment area and the temporary housing in Centretown for government-supported refugees. The Food Centre receives support yearly from member churches and the City, and food donations from the Food Bank. In 2016, it spent \$100,000 over and above these contributions, making fundraising essential. Food drives in local grocery stores, schools and funding from individuals provide valuable support.

Kerry Kaiser, the Food Centre coordinator, says "we rely on the generous support of many in the community – as well as the help of the 90 plus wonderful volunteers who keep the shelves stocked and serve our clients four days a week." The Food Centre also connects clients to other services available in the city.

The Walk for Centre will start and end at City Hall. Registration will

begin at 1:30 pm. City Councillor Catherine McKenney has agreed to open the event, and several local musicians have offered to provide entertainment before and after the walk. Further information is available at the CCSAC website (www.centretownchurches.org).

Walk-a-thon organizer, Elizabeth Kent hopes many residents of Old Ottawa

East will join the walk. "This is really about raising awareness of the needs of many in our community. We would welcome walkers of all ages to come and support the Food Centre and our neighbours in Central Ottawa."

(Maureen Killoran is a resident of Old Ottawa East and represents Canadian Martyrs on CCSAC. Kristine Burr lives in Old Ottawa South and is currently Chair of CCSAC)



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NOTICE OF 2017 JOINT ANNUAL GENERAL MEETING

Old Ottawa East Community Association (OOECA) and Community Activities Group of Ottawa East (CAG)

TUESDAY, NOVEMBER 14, 2017

Church of the Ascension
253 Echo Drive
Everyone welcome!
7:00 p.m., registration
7:15 p.m., annual meeting call to order, followed by a social hour

For up-to-date information and agenda go to **WWW.OTTAWAEAST.CA**

If you or someone you know is interested in serving on the OOECA or CAG Boards, please contact us: **CAG:** board@ottawaeastcag.ca

CAG: board@ottawaeastcag.ca **OOECA:** info@ottawaeast.ca

AVIS D'ASSEMBLÉE GÉNÉRALE ANNUELLE CONJOINTE 2017

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Si vous êtes intéressé(e) à faire partie des conseils d'administration de l'ACVOE ou du GAC, veuillez communiquer avec nous à : GAC : board@ottawaeastcag.ca

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BUSINESS BEAT

BY RON ROSE

This summer there were changes to existing businesses and the addition of new ones in Old Ottawa East. Here's a review of those that we've spotted.

Pretoria Bridge Dental undertaking major renovations at 223 Echo Drive. The building has housed dental offices since 1982 and the owners said it was time for an overhaul. The resulting building will have an addition on the south side and the back. The renovated office will have dentist offices on the first two floors and offices on the third. The office has relocated to 267 O'Connor Street during the renovations, but plans to return to Echo Drive in early December.

The Organic Salon is now open at 58 Main St., just north Hawthorne Avenue. Jennifer Bole is the owner and full-time stylist. Bole was constantly bothered by chemicals used in more traditional salons

as and her dream was to work with organic, environmentally friendly as products. Her dream has come true with this new salon which has been renovated with environmental care, such as using larger windows to reduce artificial lighting and using products that are made with organic ingredients. The Salon is also quite small, cutting down on the carbon footprint. Bole takes walk-ins and bookings online.

Habibi Pizza and Lebanese Pies opened September 2 at the corner of Main and Hawthorne, in the space previously occupied by Main Meals. The menu features a range of Lebanese pies, pizza and burgers. There are also a number of student, family and even breakfast specials.

Owner, Hatem Ghader, is thrilled with the community's reception to his new business Hatem's previous shawarma restaurant was on Rideau Street where he worked long, busy hours. He says Old Ottawa East is quiet and relaxing, with very friendly residents. He is open from 9 am to 10 pm Monday to Friday and in keeping with his more relaxed lifestyle, is closed on Saturday and Sunday.

Finally, the space at 97 Main St, former home of Café 97, will soon be the new home of Love Your Skin Beauty Lounge.

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The market is grateful for the support of the Mainstreeter and the Green Door.







Neighbourhood Youth Group Hosts Teens from BC for Canada's 150th

BY DAN BYRNE

Rain didn't dampen the welcome an Old Ottawa East youth group showed teens from British Columbia this past Canada Day. The Ottawa Chinese Bible Church Youth welcomed 20 adolescents from Salmon Arm and Kamloops churches into our lovely city and their homes during the first week of July.

The exchange was organized through the YMCA Youth Exchanges Canada Program. The program promotes cross-cultural awareness and a sense of belonging among Canadian youth aged 12 to 17, by sponsoring exchanges between two groups of same age and equal size in different communities. Travel costs are funded by the Government of Canada through Exchanges Canada.

During their time in Ottawa, the youth attended Canada Day celebrations, biked the canal, swam at Mooney's Bay, toured Parliament Hill and Canada Mosaic, and volunteered at the church and at the Glebe Seniors Centre. The youth from BC stayed in the homes of their new friends in Ottawa, and later in the summer welcomed the youth from Ottawa into their own homes in the beautiful mountains of BC.

One complication the group faced during the week in Ottawa was that their church building was still not ready for use after having major renovations done. Many activities had to be transferred to other sites at the last minute. Thankfully many churches in Old Ottawa East stepped forward and opened up their buildings for the exchange. Calvary Baptist Church graciously hosted the welcome BBQ, Ottawa Chinese United Church in the Glebe shared their sanctuary Sunday morning for worship services, and Peace Latvian Lutheran Church hosted a Chinese Cultural Exchange Dinner later in the week. Truly, the exchange could not have been such a success without the entire community's support.



PHOTO BY: DAN BYRNE

Local youth from Old Ottawa East organized an exchange with other teens from British Columbia and took in the Canada 150 events. When the host Chinese Bible Church suffered delays with construction, churches from across the area opened their doors and shared their sanctuaries to make the group exchange a welcoming success.

FAITH PAGES

Developing an Attitude for Gratitude

BY ANNE LOUISE MAHONEY

A few years ago, people started talking about gratitude. Rather than focusing on what wasn't going right, we were encouraged to start a gratitude journal and note all the things we were grateful for each day: everything from a caring family and a decent job to a kind gesture or a tree that gives shade on a hot day. Psychologists tell us that expressing appreciation for what we have can enhance our sense of well-being and make us happier. It can also boost our energy and make us more optimistic and empathetic.

The members of Canadian Martyrs Church on Main Street know quite a bit about expressing gratitude. Throughout the year, they give back to the local community by supporting various groups that help our neighbours across the city: Centretown Emergency Food Centre, Miriam Centre, Centretown Churches Social Action Committee, St. Brigid's Camp, St. Joe's Supper Table, Carty House, Youville Centre, the Shepherds of Good Hope, and Hospice Care Ottawa. In 2015, the parish also collected around \$70,000 in

about a month after deciding to sponsor a Syrian refugee family. Donations of clothing, furniture and household items filled the choir loft to overflowing. A lovely family of two parents and five kids arrived in January 2016, greeted by a cold Ottawa winter and lots of new friends. Fundraising was so successful, the parish was able to sponsor a young couple as well. (Everyone's doing great.)

It's easy to get pulled into negative thoughts these days. Just listening to the news can convince us that the world's in a mess and there's nothing we can do to fix it. Taking a moment to give thanks for all the amazing things in our lives – not just on the second Monday of October, but every day – can make all the difference.

Happy Thanksgiving!

Anne Louise Mahoney is the chair of the communications committee at Canadian Martyrs Church, 100 Main Street.



PHOTO BY: HEATHER DUGGAN

Members (and their furry friends) of the Canadian Martyrs Church on Main Street support the nearby Centretown Emergency Food Centre in their annual Walk for Centre. This month the Church reminds us to all give thanks and practice appreciation; it's an energy boost!

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Ascension Celebrates 140 years in Old Ottawa East with Canada 150+ Concert

BY ANNIE MACTAVISH

"From the beginning, the church has welcomed all comers," wrote the late Janet Lunn, in A Promising Mission, her wonderful history of Church of the Ascension. Janet began the tale with a brief biographical sketch of Rev. Thomas D. Phillipps, the church's first curate. An immigrant and teacher of maths who played cricket into his seventies, Rev. Phillipps had enough dash that his portrait was done at the Sparks Street studios of society photographer William Topley. Phillipps launched his promising mission, now Church of the Ascension, in 1877, and did not get paid for three years.

The parish is celebrating 140 years in Old Ottawa East with

a very special performance by the Ottawa Chamber Players on Saturday, October 21 at 7:00 p.m. Part of Ascension's 2017-18 Jazz and Chamber Series, the program includes original works by Brockville composer Howard Alexander and Ottawa's Christine Donkin, as well as Gustave Fauré, Mario Castelnuovo-Tedesco, and others

The evening is dedicated to Ascension 140, Canada 150+, and to Janet Lunn—parish historian, beloved children's book author, and dear, wise friend—who passed away this past summer. All are welcome; details are online at churchoftheascension.ca.

POLITICAL PAGES

OLD OTTAWA EAST COMMUNITY ASSOCIATION

BY PHYLLIS ODENBACH SUTTON INFO@OTTAWAEAST.CA



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UPCOMING ANNUAL GENERAL MEETING + COMMUNITY NEWS

As I write this column, it feels like summer is almost over and there is a touch of autumn in the air. I hope everyone in our community had a chance to recharge their batteries and enjoy time with family and friends over the summer.

And by the time this edition of the Mainstreeter is distributed, we will be getting close to our Old Ottawa East Community Association Annual General Meeting. We will be meeting again this year at the Church of the Ascension, a wonderful welcoming space, on Tuesday, November 14; registration starts at 7:00 pm with the meeting commencing at 7:15 pm. A social hour, including beverages and snacks, will follow in the church hall.

I would like to take this opportunity to encourage members of our community to become involved with our Association. We have a number of returning members to our Board, but also have a number of opportunities for others to get involved. We have been very lucky over the years to have such a dedicated group of individuals support our Association.

And why should you consider getting involved? There are many reasons, as you can make a difference in so many ways. And the time commitment varies depending on the position. But you will learn a lot about your neighbourhood, the City and how it works, and meet a lot of really interesting and committed individuals. We live in a great community; let's keep it that way - even as so many changes are happening around us. Please send me an e-mail before October 31 at info@ottawaeast.ca if you are considering joining our Board.

You can also consider becoming involved in our planning committee; this is an opportunity to better understand the City's rules and plans for development and to be better prepared to respond to proposed developments in your own neighbourhood. The time to make an impact is often at the very start of a City driven process, but often too few of us are even aware that changes are being considered.

And on the planning front, there continue to be concerns expressed in a number of our neighbourhoods with some planned developments. North of the Queensway, in the Archville Triangle, a proposed development at 41 Concord Street North has created a number of issues with neighbours. It has also highlighted the limits of possible interventions for such as-of-right options as roof-top patios and the change in rules with respect to the requirements for parking spaces, i.e., a development with up to 12 units no longer needs to provide any parking spaces. There are also a number of residents on Glenora concerned about a planned triplex, which is to be built

on a lot that, according to City zoning rules, should not be allowing for more than a duplex. This has been a big issue on Chestnut Street for a number of years.

One positive recent development on the planning front is the recently enacted interim control bylaw which does not permit more than 4 bedrooms in any one unit.

Our community continues to see a lot of development activity at Greystone Village and The Corners on Main. We will soon be welcoming new neighbours in both of these developments.

Those of us living close to Lady Evelyn Alternative Public School watched as a new playground emerged over the summer. The durability of the artificial turf installed will also be interesting to monitor. A silva cell system was installed to help the newly planted trees thrive; let's hope this works well.

Construction on the new footbridge between Clegg Street and Fifth Avenue is scheduled to start this fall and hopefully the Rideau River Western Pathway will soon be opening, including the portion along the eastern edge of Greystone Village.

The basketball court resurfacing at Springhurst Park has been completed, and I know many residents also enjoyed the ability to play table tennis, soccer and volleyball at the park over the summer. There were even some pretty serious looking Bocci Ball competitions on occasion.

Our sesquicentennial Prime Ministers speaker series has recommenced; the life and times of Louis St Laurent was featured on Monday, September 25. Check for details on upcoming sessions on our OOECA web-site and watch for the reminder notices in the CAG e-updates.

And finally, what a wonderful day on Saturday, September 9 as approximately 20 canoes and kayaks participated in our other sesquicentennial project, the circumnavigation of Rideau Island. Thanks to John Dance, who had the vision for this great tour, and to the organizing committee who did such an outstanding job. Although my arms were sore, my memories of the day are great!

Have questions? Want to learn more or volunteer to make improvements in the community? Then please attend the monthly OOECA Board meetings (second Tuesday of the month, 7:00 p.m. at Old Town Hall). For more details check out the OOECA website at http://www.ottawaeast.ca/ or contact me at info@ottawaeast.ca.

15 RIDES FOR CANADA'S 150TH — A CAPITAL CYCLING EXPERIENCE

This year I had the pleasure of cycling all over Ottawa. I do mean ALL over. On top of my daily commute and standard errands, I embarked on an ambitious plan to tackle all 15 cycle tourism routes recently developed by the City of Ottawa. I made it my Canada 150 project to ride each route, often with friends or family, then write and post photos chronicling my two-wheeled travels.

I did it, for a total of almost 700 km. It took a bit longer than planned, with my final ride of 101 km (always save the best for last!) on September 15. Despite the wet and windy spring weather carrying on for much of the summer, I enjoyed the venture so much that I feel compelled to share some of what I learned.

First, let me say that these rides are not just for MAMILs (Middle-Aged Men in Lycra!). Only a few are at the upper end of endurance and technical difficulty. The rest are either very gentle and exclusively on paths, or moderately challenging, with some onroad riding mostly confined to quiet urban, suburban or rural roads.

HERE'S WHAT I LEARNED:

- 1. Ottawa is very big. Often, like while sitting at a picnic bench on the Ottawa River at Fitzroy Harbour, I thought, "Really, this is still the City of Ottawa?" It's a quirk of amalgamation, but hey, it means there's lots of scenery.
- 2. Ottawa has great bakeries, cafés and pubs.
- 3. Cycling infrastructure has improved enormously since I was a young and fit distance rider. There are now many more routes where you never, or almost never,

have to ride on the edge of a road with traffic zooming past. Until 10 years ago, balancing on that thin white line was the norm. There are practical, geographical or scheduling reasons that cyclists can't always choose the quietest routes, and there's still much room for improvement, but it's better.

- Ottawa has vineyards. Blame it on the changing climate, or credit the skills and entrepreneurial spirit of the wine lovers who pioneered winemaking in the region.
- 5. You can carry four bottles of wine in a single pannier, packed carefully. But it's best to bring two panniers not so much to carry eight bottles, but to help you balance.
- 6. We have great trails along former rail lines. Until recently, I had only heard about the Osgoode Trail, Prescott-Russell Trail, and the Trans-Canada Trail west to Stittsville and beyond to Ashton. Now I can say that, even on fairly skinny tires, these non-paved paths are a pleasure to ride
- 7. Some Ottawa roads have a lot of potholes, and a few are literally falling apart. Beware the Thomas A. Dolan Parkway.
- 8. The Black Walnut Bakery in Cumberland has amazing pear spice pie.
- 9. Anyone can get out and enjoy this city on a bicycle.

Find out more at capitalward.ca/15rides. It may be getting cold for fair-weather cyclists, but you can start planning now for next year!

POLITICAL PAGES

YASIR NAQVI MPP, OTTAWA CENTRE

109 CATHERINE STREET, OTTAWA, K2P 0P4 YNAQVI.MPP.CO@LIBERAL.OLA.ORG 613-722-6414



BUILDING ACTIVE COMMUNITY INFRASTRUCTURE TO CELEBRATE CANADA'S 150TH

Summer in Ottawa for the 150th anniversary of Canada's Confederation has been one that will be remembered for years to come. Whether a giant spider walking our streets or one of Ottawa's world class festivals, this summer has created memories that will be remembered for some time.

But the sesquicentennial is more than street parties and festivals. It is an opportunity for us to invest in projects that will have a lasting impact on the lives of residents in our community. I am excited to highlight three active community infrastructure projects that are being built in Ottawa Centre with the support of the Ontario government.

Footbridge across the Rideau Canal

For many years, the residents of Old Ottawa East, the Glebe and Old Ottawa South have advocated for a cycling and pedestrian footbridge across the Rideau Canal. It has been important to me to work with the community, in addition to our Mayor, local MP and Councillor, to ensure that it is a priority for City of Ottawa.

I am excited that the province is investing \$5 million towards the new Clegg Street-Fifth Avenue bridge. This is a true funding partnership between all three levels of government. The new bridge will be built over the Rideau Canal connecting Clegg Street in Old Ottawa East to Fifth Avenue at Queen Elizabeth Drive in the Glebe. The City plans to begin construction as early as this fall, with completion in 2019.

This footbridge is crucial to uniting our community. It will provide a safe cycling and walking path, shorten commute times, and offer a dedicated active transportation route to work, entertainment and shopping.

Expansion of Dovercourt Recreation Centre

Dovercourt Recreation Centre has been providing high-quality recreation programming since 1987 to the residents of Westboro and beyond. The Centre has grown to be Eastern Ontario's only HIGH FIVE accredited organization, providing the quality recreation programming for children in our community.

As demand for this facility continues to grow, it is clear that an expansion is much needed. I am proud that the Ontario government is contributing \$500,000 to help make this expansion a reality. More space means more fitness programs, camps, after-school care, sports, arts and dance programs for all ages.

The expansion is scheduled to open later this fall. Huge gratitude is owed to the Dovercourt's leadership team and volunteer board for their hard work in fundraising for this important expansion focussed on the health and well-being of our community.

New Clubhouse for the Ottawa River Runners

It may come as a surprise to many, but we have a whitewater paddling facility at LeBreton Flats. This facility, known as the Pumphouse, has produced world-class athletes and Olympians over the years, all the while they were using shipping containers for storage and changing.

It was time to build a new clubhouse to provide better facilities for the athletes and community that use the Pumphouse. Thanks to incredible community leadership and a \$150,000 grant from Ontario's Trillium Foundation, the Ottawa River Runners now have a stunning new home, providing adequate training and storage space.

Due to a new clubhouse, the Ottawa River Runners were proudly able to welcome the entire country this August to compete for the 2017 Canadian Canoe Kayak Whitewater Championships. Further, the River Runners are able to expand its community programming engaging more people in this thrilling sport.

All these projects are important community infrastructure, and will be a lasting reminder of Canada's sesquicentennial in Ottawa Centre. It has been immensely gratifying for me to work closely with our community leaders to obtain provincial funding so that we all have the opportunity to stay active and live healthy. If you need more information about any of these projects, please do not hesitate to contact me at my Community Office at 613-722-6414 or via email at ynagvi.mpp.co@liberal.ola.org.

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HOUSE IS BACK IN SESSION

Over the past few months, Ottawa Centre has been fortunate to receive federal funding for some really exciting and important initiatives in the community. As summer winds down and I prepare to join my colleagues back on Parliament Hill, I thought it would be great to look back on some of those projects.

Through the Canada Summer Jobs program, 133 organizations received a total of \$1.4 million to hire students in the community, The Boys and Girls Club of Ottawa and The Soloway Jewish Community Centre received \$590,648 to upgrade their infrastructure, The Social Planning Committee of Ottawa and The Wood Manufacturing Council received funding to provide training to close to 150 youth in wood manufacturing and green construction, The Canadian Council of Aviation and Aerospace received \$220,000 to hire post-secondary graduates for their first job in aerospace manufacturing, and up to \$1.09 billion was announced for Ottawa Light Rail Transit Stage 2 Project. All of these investments are helping to build a strong Ottawa Centre.

A new plan for the former US Embassy at 100 Wellington was also announced and the final piece of funding was given to build the footbridge connecting Clegg Street and Fifth Avenue. These are two projects that I hear about often from residents of Ottawa Centre and I am happy to see them moving forward.

Our Government has also been working hard to address the legalization of cannabis, tax relief for deployed military personnel, health care for seniors and requirements for immigration. I know these issues matter a lot to people living here in Ottawa Centre and I am proud of the progress that has been made in these areas.

As the Minister of Environment and Climate Change, Bill C-18 is something I am particularly proud of. It protects the ecological integrity of Rouge National Urban Park just outside of Toronto. It has some of the oldest Indigenous sites in our country and is full of cultural treasures and ecological diversity. Such a unique place deserves the same level of protection as every other national park in our country.

There are a lot of positive milestones to look back on, but I know we still have plenty of work to do. I look forward to getting back to the Hill to represent the people of Ottawa Centre and to represent our country as the Minister of Environment and Climate Change.

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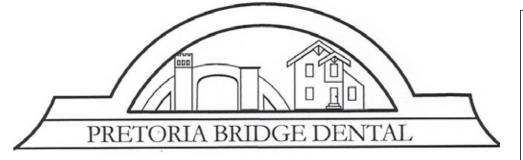
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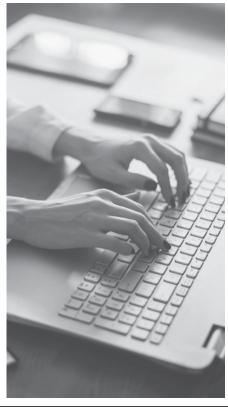


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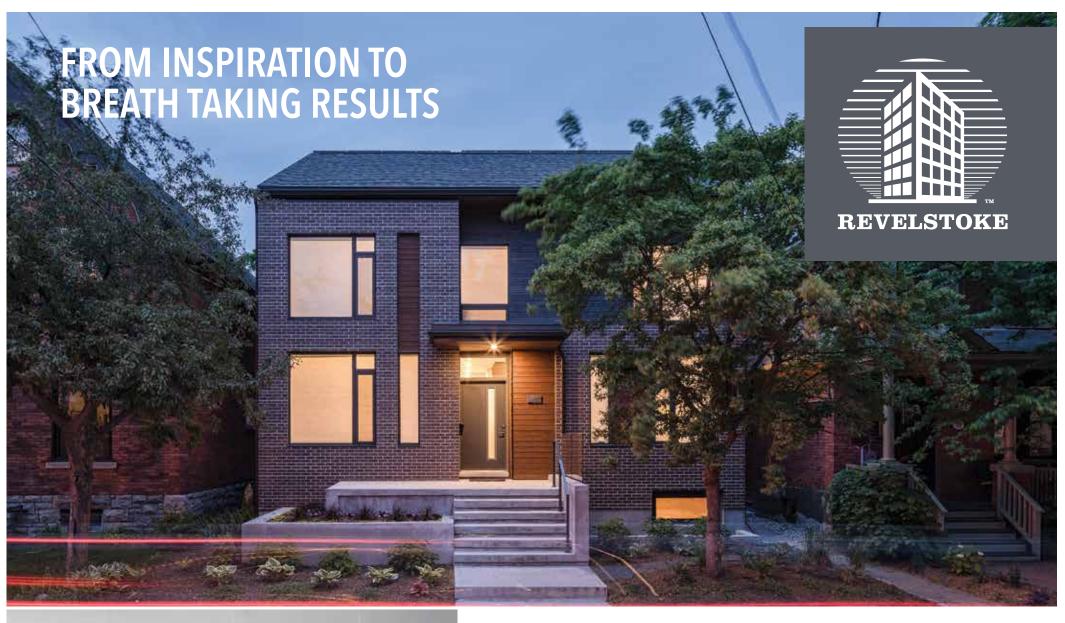
We enjoy sharing the news around town and need someone passionate to help us do it.

Our new Editor will be very familiar with Old Ottawa East, be organized and will work well with other volunteers and community organizations.

Although it's a volunteer job we are offering an honorarium.

Check out the job description at www. mainstreeter.ca, or send an e-mail to Steven Begg at chair@mainstreeter.ca for further details. We'd love to hear from you!

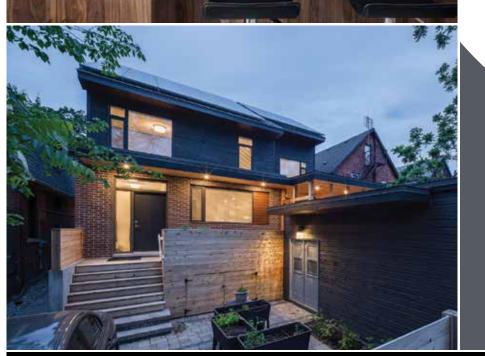






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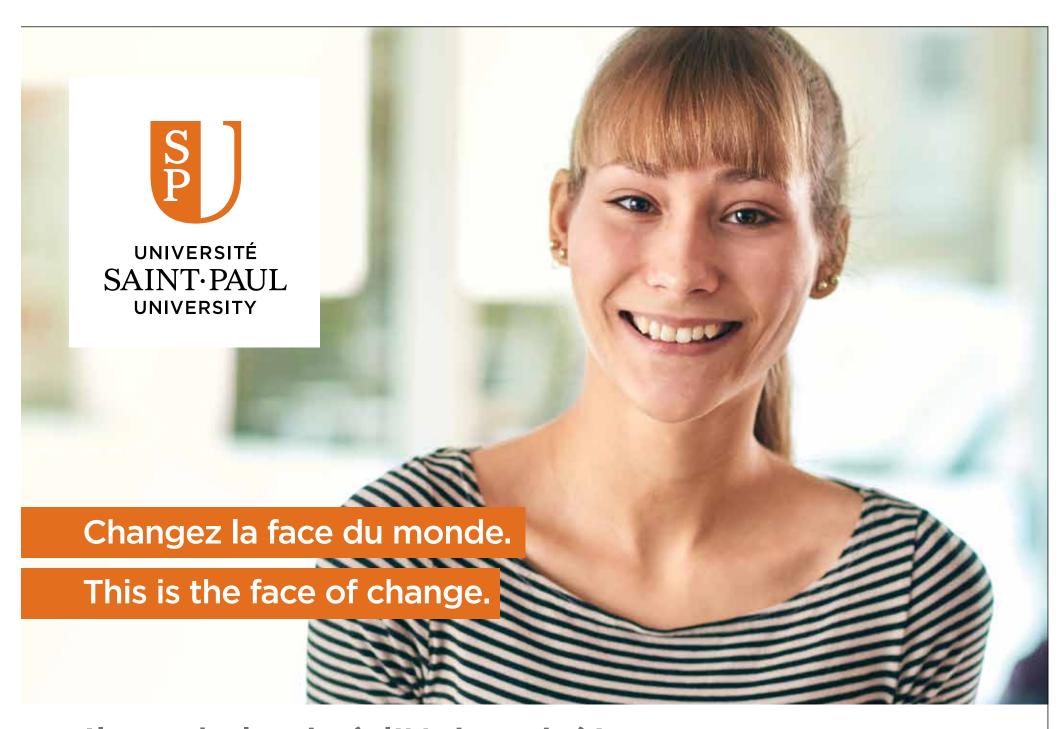
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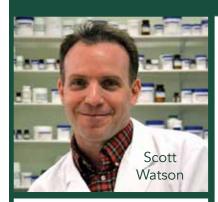
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