

## Lights, whistles, action!



JOHN DANCE PHOTO

Footy Sevens intensive usage of the new turf field at Immaculata adds bright lights, shrill referee whistles and new traffic concerns to the OOE nightscape.

## For better or worse, nighttime soccer comes to Immaculata

**JOHN DANCE**

During the school day the new Immaculata High School playing field is very busy; hundreds of students engaging in a variety of healthy activities, as they did in the past before reconstruction of the field, and at night and on weekends, the adult soccer leagues have taken over.

So what is the nature of evening and weekend operations of the field? *The Mainstreeter* decided to go and take a look, and here's what we found:

As you approach the field, whistles, shouting, cheering, and other soccer-sounds drift to Main Street. When you arrive at the field, you see 42 players on the field and three officials. On the sidelines, extra players await their turn to play and a few fans stand

nearby. When there are back-to-back games, there are twice as many people on the school grounds.

The seven-on-seven format of the soccer games allows for three separate games to be played simultaneously. The three pitches run across the width of the field and are perpendicular to the school building; they are separated from each other by netting, and high netting catches errant balls at the ends of the pitches.

The lighting is on four tall poles and focuses on the field area, however, it also illuminates the sides of adjacent residences to the south. And because only short trees have been planted on the southern side of the field, little of the "spilled" light is blocked.

The noise – particularly the frequent whistles – appears to be

the most objectionable aspect of the soccer operations.

"I live five houses from the field and when games are being played we can hear the whistles in our bedroom with the windows shut and locked," says Glenora resident Joanne Lostracco. "We live in a very old house with great big thick walls. Many of my neighbours have newer houses, so I suspect they may hear it much more clearly in their houses."

Another resident living adjacent to the field moved out of the neighbourhood in early September because "the noise from several dozens of players just beneath our windows would most likely turn the bedtime routine [for two young children] into a nightmare, every day of every week for almost half of the year."

Residents also have concerns about increased traffic. The Immaculata parking lot fills up when there are back-to-back games, and residents have been concerned about drivers quickly moving in and out of the entrance area just to the north of the Subway restaurant, and not being respectful of pedestrians and cyclists.

When Footy Sevens, the private company managing the soccer operations at Immaculata, heard of this issue they immediately e-mailed players noting, "It [Main Street at the Immaculata entrance] is a much used cycle route so please pay extra attention to pedestrians from both directions and to cyclists coming south in the cycle lane when turning in and out of the school."

*Continued on Page 6*



Kathryn, 6, tentatively observes a prehistoric-looking baby snapping turtle found on Springhurst Avenue in September. Nick Newberry, shown, took the turtle off the road and down toward the park. Thankfully this isn't the only turtle our family has seen this summer. We found one in our driveway (did he follow us home?), and one further north along the Rideau River Pathway. Let us know: did you catch a glimpse of one this summer? We'd love to hear from you on our Facebook page. Even better, submit a picture!

TEXT AND PHOTOS  
BY MEREDITH NEWBERRY



These creatures are commonly spotted in the area by the river in Greystone Village. This summer fences were erected around visible nests to help keep dogs and other animals away from the eggs. Snapping turtles are not endangered, but rather on the "Special Concern" list which (according to the Ministry of Natural Resources and Forestry) means may become threatened or endangered due to a combination of biological characteristics and identified threats.

# LIFE & TIMES IN OLD OTTAWA EAST



The Lees Avenue apartment buildings tower above the new LRT bridge and pathway in this unusual view from the water.

JAMIE BROUGHAM PHOTO

Adam and son, Theo, take a walk on the wild side with their tiger-themed stroller during the bike parade at the first annual Hawthorne Street Party.

KRISTINA PAUK PHOTO





# Dipping into the ribbon of life

## A short history of swimming in the Rideau River

THERESA WALLACE

Old Ottawa East is rimmed by a river whose headwaters are in the Rideau Lakes system and whose mouth is at Rideau Falls in the heart of Ottawa. This article is the first in an occasional *Mainstreeter* series looking at our connection to the body of water the Rideau Valley Conservation Authority has called the ribbon of life.

Neighbours wander down to Brantwood, towels around their necks. They wave to the lifeguard up in his high chair and enter the change house, where the attendants know them by name. They stow their stuff, head for the sandy beach, then wade into the water.

This isn't a beautiful fantasy—it's a scene from the memory banks of those who were there at the beach in a rapidly growing Ottawa East after the Second World War, decades after the beach was first established.

From their house on Burnham Road, Barbara and Maurice Jette, now in their 80s, can see the beach where they first met in 1956. It was in the cleared area just south of where the tennis courts are now. She was a playground supervisor and he a lifeguard. "Maurice likes to say he saw me in Brantwood Park one day and the rest is history," Barbara explains.

Peter Murray, 63, grew up near Brighton beach on the other side of the Smyth bridge. The retired Immaculata teacher says Brantwood, Brighton and other beaches along the river had a huge impact on the community. "You'd spend your days taking swim lessons, and playing in the water. The summers would fly by. It kept us out of trouble and made our neighbourhoods cool places to grow up."



JAMIE BROUGHAM PHOTO & RCAF PAMPHLET 96

Brantwood beach area and Rideau River, 2018.

Inset: Old Ottawa East resident Barbara Jette reads to children in Brantwood Park in this 1956 photograph.



All that changed in the early 1970s when the beaches along the Rideau, except Mooney's Bay, were permanently closed due to declining water quality. "The river has had its ups and downs," observes Paul Hamilton, a Canadian Museum of Civilization algae expert who has studied the Rideau for decades and who took part in the landmark Rideau River Biodiversity Project, completed in 2003. "Right now, it's pretty good, but very much in need of protection. Within the city, the biggest problem is the e. coli levels, which come from mammalian bacteria."

At Mooney's Bay, there's a pumping system to take water from the faster-flowing middle and release it across the beach area. But some adventurous souls don't bother going all the way to Mooney's Bay for a dip. When John Bennett moved to Old Ottawa East in 1991, he noticed several older ladies

in flowered bathing caps swam in the river using flutter boards. A few years later, he started swimming too. Bennett, 59, swims a few times a week, unless there's been a heavy rainfall. "I find it just wonderful. If it's a hot day, you can just walk down to the river."

The Glengarry Road resident dons his goggles and stays close to the shore, journeying as far downstream as Springhurst Park. "Once you get through the mud along the shoreline, it's fine. Later in the season there are some weeds, but they don't bother me." Bennett does avoid the swans. "The male swan can be particularly territorial."

In 2014, the OOE community activities group started kayaking and canoeing camps where the Brantwood beach used to be. There's a dock in the river at the end of Clegg. Stand-up paddleboarders use the river now. Laura Zak, who owns Ottawa SUP at Bank and Riverdale, says she's had her best season yet on the river in her four years of operation, and notes a higher percentage of her customers in the

past couple of years have rented SUPs to swim with. "For example, there was a group of 10 women swimmers on one of our last days of operation in September who were gone for two hours. SUPs are ideal for combined swimming and paddle boarding because they are attached to your ankle and easy to climb back up on, unlike a kayak or canoe."

During his swims, Bennett has noticed the increased number of kayaks, canoes and SUPs near Brantwood and says the more people playing on and in the river, the better. "People who use the river appreciate it and want to take care of it. The river belongs to all of us."



**Do you have a memory of Brantwood beach to share with Mainstreeter readers? Are you one of the unidentified neighbourhood children in the 1956 photo with Barbara Jette or do you recognize them from your own childhood in Old Ottawa East? If so, please contact us at [editor@mainstreeter.ca](mailto:editor@mainstreeter.ca).**

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# Family's quick action saves OOE trees

JENNIFER HUMPHRIES

In early August, an Old Ottawa East family's concern over the fate of two century-old sugar maples hit the media. The issue: Regional Group, builders of the 916-home Greystone Village complex on 26 acres formerly owned by the Oblate Fathers of Mary Immaculate religious order, had determined that these two stalwarts had to come down. Many other trees on the property had been felled already, but Regional had earlier committed to the neighbours that they would preserve these two trees.

Richard Deadman and his family, whose property adjoins the Greystone site, spoke out. Supporters from the neighbourhood and across the city, including Council candidates Christine McAllister and Shawn Menard, joined with them in raising the issue to the broader community and to the Mayor and to Councillor David Chernushenko.

Admittedly, boundary trees have often posed a challenge for property owners on both sides of the fence. Legal and arborist interpretations vary. But two things are certain: Ottawa needs mature trees like these native maples, and the developer had earlier told the community they could and would remain.

"I feel like it's a David and Goliath scenario," Richard Deadman told me. "Regional assured us that the trees would stay. But then a sign went up stating that a tree removal permit was being requested. Although we had spoken with Regional staff, and thought we had a good relationship, we got no advance notice about this and had no idea why or when they had switched their decision."

Also frustrating was the sluggish response time to obtain documentation about the Regional application from the City. "We never did get all the documents," said Deadman. "After pressing, we finally got the legal opinion letter that Regional submitted, but not the other material such



SHAWNA LAING PHOTO

Brothers Daxton Rhead and Tom Deadman are dwarfed by the centuries-old sugar maple tree that looms over the Rhead/Deadman property backyard on the border of the Greystone Village development and Springhurst Park. The boys' father, Richard Deadman, spearheaded the Save Our Trees campaign that succeeded in halting planned destruction of the sugar maples during the ongoing development of the Greystone Village lands.

as any arborist report."

"My family and I decided to stand up to this," he said. "We've seen it over and over. Something has to change."


A tweet from Mayor Jim Watson seems to have ended the dispute in favour of the trees: "I have directed staff not to issue any permits to take down those two trees. The developer will have to find a way to keep the trees and live up to their original promise to the community."

However, as reported by CBC, "Regional

Group agreed to stall its application until September 30, while it investigated how the trees might be preserved, according to Capital ward Councillor David Chernushenko."

Chernushenko was able to announce a happy conclusion to this matter on September 25th indicating that a plan to save the trees had been agreed to by Regional and by the city. "In essence, Regional will be raising the height of the roadway and associated townhomes

slightly in order to avoid the critical root zone," he wrote in an email to OOE residents.

 Jennifer Humphries is co-chair of the Glebe Community Association's Environment Committee. You can contact her at [environment@glebeca.ca](mailto:environment@glebeca.ca). Her article was first published in the October issue of the Glebe Report and appears in the Mainstreeter with her permission.



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**ASCENSION**





JOHN DANCE PHOTO

A strong slate of Capital Ward candidates for city council share a moment of camaraderie at the All Candidates meeting on September 27th at the Glebe Community Centre. From left: Jide Afolabi, David Chernushenko, Anthony Carricato, Christine McAllister and Shawn Menard.

# Capital candidates face off in debate

JOHN DANCE

The five candidates for Capital Ward councillor squared off in a sometimes feisty but always respectful debate at the all-candidates meeting held at the brimming-to-capacity Glebe Community Centre on September 27.

Who won? It all depends on what you want in a councillor, but the performances certainly helped electors gain a better sense of the candidates' qualities, experience and platforms.

A large range of issues was tackled: taxes, affordable and social housing, development, cycling,

transit, traffic, accountability, Lansdowne Park, AirBnBs and even the availability of public toilets.

At times, incumbent David Chernushenko was criticized by challengers Jidé Afolabi, Anthony Carricato, Christine McAllister and Shawn Menard but, for the most part, candidates positively outlined their priorities, highlighted alternative approaches and how they would conduct themselves if elected.

Asked about their assessment of the community impact of the Lansdowne Park redevelopment, the responses were varied. McAllister, former president of the Glebe Community Association, commented "We had a big missed opportunity but we had to be engaged to monitor the impacts," noting there remain problems with parking, noise, post-event activity and garbage. Carricato commented that "On balance it's been a success. They [OSEG] are very sensitive to neighbours - they want to build a stronger relationship."

Shawn Menard declared that the city needs to improve the park space and renegotiate the deal with OSEG given it is currently "returning zero to the City." Chernushenko noted he was one of just two councillors to vote against the deal with OSEG but spoke of positive steps like having a new boarded rink on the park's "great lawn" and how he'd like to see more housing in the park. And specific suggestions from Afolabi were creating green roofs on the buildings and providing an LRT connection to the park.

Property taxes also raised varying views. Menard attacked the current use of taxes, specifically noting the budget "subsidizes sprawl," as he cited the \$50 million a year that is used for new roads. Carricato stressed the need to "stand up for property tax fairness" and get spending under control.

New ways of raising tax revenues, including taxing tourism, was proposed by Afolabi and McAllister commented that although the current council has limited tax increases to two per cent a year, many other charges such as water and sewer fees, recreation and transit have increased by more. "We're not having a conversation about investments and their paybacks in the environment and affordable housing." And Chernushenko spoke of the need to look for efficiencies, and suggested that there would be savings over many years from investing in energy initiatives.

Development was another key issue. Councillor Chernushenko spoke of the problems with the Ontario Municipal Board and noted that his work to have it replaced by the Local Planning Appeal Tribunal (LPAT) would address problems with development proposals. Carricato stressed that community design plans need to be respected and they need "green provisions."

"I find the City's approach [to development] really distressing - we need concierge services for communities," said McAllister in criticizing the City's providing the additional help ["concierge services"] to developers but not to communities. Afolabi argued for ensuring the "right" members are appointed to the new LPAT and said "Neighbourhoods should have as much teeth as developers." Menard called for "shaking up the planning department" and getting new people as well as ensuring that zoning is respected.

The organizers - including Jaime Girard and Ron Rose from OOECA - did a superb job of running the two-hour long debate before an overflowing room. No candidate talked over others, all spoke within their time allowances and questions from the audience were directly asked by the moderator so that questioner "speechifying" was eliminated. It was a good day for local democracy.



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JOHN DANCE PHOTO

## Strong smell of rubber a concern to residents

— Continued from Page 1

Cyclists and pedestrians always have the right of way at this turn, so please always double check for them even if the turn signal is allowing you to go. When leaving the school, please don't block the cycle lane/sidewalk while waiting to turn onto Main Street."

The strong smell of rubber – particularly noticeable when it's hot – remains a concern of nearby residents. "The smell of the recycled tire rubber crumb is horrendous - I even picked

up its distinct nauseating scent on the Queen Elizabeth Drive side [of the Canal] the other day," says Alexandra Gruca-Macaulay, another neighbour living adjacent to the school.

The new soccer operations are similar in nature to having a perpetual party going on next door. The partygoers – the soccer players – are having lots of fun and getting great exercise, but based upon early returns from neighbours, it's not so much fun if you or your children are trying to sleep.

## NO DIMMING TO REPORT IN NIGHT LIGHT FIGHT

LORNE ABUGOV

The soccer games may have begun, but the rules of operation of the Immaculata High artificial turf field are still stuck in a judicial time-out. It will likely be 2019 before there is any resolution in the simmering debate over lighting restrictions and evening hours of operation at the new school field.

As *The Mainstreeter* went to press, there was no firm date set for the hearing of an appeal to be brought by the Ottawa Catholic School Board seeking to overturn an order issued on August 28th by the City of Ottawa's planning committee that restricted playing time on the new turf field at Immaculata.

After more than two hours of debate that evening, including representations by neighbours and ward councillor candidate Shawn Menard, the city's planning committee voted 6-2 in favour of shutting down the lights at the field by 9 p.m. on weeknights and 10 p.m. on weekends, instead of the 11 p.m. standard lights-out curfew for other City-owned and operated sports fields.

The matter had gone to

planning committee on the basis of complaints about the field's planned operations, including noise, traffic and lighting, by concerned neighbours who were caught off guard early in 2018 when the Board entered into its private agreement with Footy Sevens to build the new field without any prior consultation with the community.

But even as neighbours were celebrating the planning committee's 9 p.m. curfew order, the Board announced its intention to appeal the decision to the newly-created Local Planning Appeals Tribunal (LPAT). Pending the completion of the LPAT hearing and ruling, the lighting at Immaculata can remain on until 11 p.m., a matter which has frustrated neighbours and Chernushenko both.

And with no appeal date set down as yet, and with a hearing unlikely before the New Year, it appears that the Footy Sevens group will complete their first outdoor season at Immaculata under the full glare of late-night lighting to the chagrin of neighbours residing in close proximity to the field.

## LETTERS TO THE EDITOR

### BOARD'S LACK OF ACCOUNTABILITY

If the City of Ottawa had tried to privatize Brantwood Park in the evenings and weekends and ran events until 11:00 p.m. every night, somebody at City Hall would have lost their job and the ward councillor would fear for his (or her) life entering Old Ottawa East.

So how is it that the Ottawa Catholic School Board can get away with privatizing the Immaculata High School field? The Catholic Board is dependent on public funds yet seems to have no accountability to taxpayers or the provincial ministry of education.

The Catholic Board has acted with complete impunity: didn't consult; failed to adhere to a site plan agreement they entered into in 1993; kept on renovating the field even when the City told them not to; and, now, ignores a City council decision that is supposed to restrict the use of lights on the field.

It's a great example for Mac students: "improve" your own property regardless of the impact on your neighbours and the community. Is this one of the Catholic values that justifies the separate school system?

The City's oversight of the field's privatization has, to a lesser extent, also been both incompetent and lacking in accountability. How could they have decided that there would be "no change in use" when a private firm would operate the field to 11:00 p.m. every night? How did they not realize that there was an existing site plan control agreement for the field that mandated a natural surface

and limited lighting? Why didn't they require public consultation before the plan was finalized? Why don't they insist that the field's tax-exempt status end?

My three children happily graduated a decade or so ago from Immaculata. The field had problems back then but they could have been readily addressed through consultation and community effort rather than, ten years later, through the Board's unilateral privatization of the field.

— John Dance

### FOND FAREWELL, BUT NOT GOODBYE!

Allow me to extend a special thank you to all my clients and neighbours (fur & non-fur) who have supported me and shown kindness throughout my 15 years at HBK Hair Concepts. When the shop was first opening we were asked if we were community-minded - I soon found out exactly what that meant. I always enjoyed passersby waving and stopping to show me their children and their pets.

HBK has relocated and I now have the good fortune to be employed at Main Hair Cutters. Thanks to all of you once again for making me feel part of the Old Ottawa East community!

Brenda Martin

Residing - 131 Hawthorne Avenue

Working - Main Hair Cutters - 64 Main Street

### REMEMBERING OUR VETERANS AT THE BRANTWOOD PLACE GATES

There are many residents of our community who are unaware that the Beckwith (Brantwood) Gates located at Main Street and Beckwith Road happen to be the Cenotaph for Old Ottawa East and the Strathcona Legion. The gates were dedicated back in the 1950s as the Brantwood Place Gates and re-dedicated after their recent renovation by the city. I grew up on Glenora Street, but many of the newer residents of the community are unaware of the significance of the distinctive stone pillars to Old Ottawa East and to our veterans.

— Rev. Georges Winters B.Msc.  
Chaplain, Strathcona Legion '595'





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Editor: editor@mainstreeter.ca Lorne Abugov  
Content Contributors: Theresa Wallace, John Dance, Bonnie Weppler, Meredith Newberry, Genevieve Gazaille, Jennifer Humphries, Lorne Abugov, Jamie Brougham, Peter Tobin, Don Fugler, Sue Beattie, Reverend George Winters, Maureen Killoran, Dr. Stephen Konkle, and Kristina Voth-Childs  
Copy Editors: Steven Staples, Lorne Abugov, Allana Geisbrecht, Jocelyne Caloz & Michele Castonguay  
Photo Editor: Peter Fowler  
Rédactrice (pour le français): Keltie Robertson

Advertising Manager: Ron Rose, advertising@mainstreeter.ca  
Accounts Manager: Cynthia Dwyer  
Layout Editor: Michael Shaw  
Photographers: Shawna Laing, Kristina Pauk, Jamie Brougham, Peter Fowler, John Dance, Genevieve Gazaille, Lisa Dunnett, Alan Bennett-White, Bonnie Weppler, and Meredith Newberry  
Web Team: Phil Legault, Meredith Newberry  
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Board of Directors: Bonnie Weppler, Cynthia Dwyer, Leslie Kirk, BJ Siekierski, Scott McAnsh, Sue Beattie, Ron Rose (ex-officio), Lorne Abugov (ex-officio)

CAG program guide layout: Carol Workun  
Distribution: Daniel Racicot  
Old Ottawa East eUpdate: info@ottawaeastCAG.ca Carol Workun

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High school volunteers should submit their papers for signature to Daniel Racicot.

## FROM THE EDITOR

### That *other* person ...

In my experience, anyone who tells you that they don't want to be "*that person*" usually turns out to be exactly that. It's hard to define *that person* - it's kind of like the definition of obscenity, you know it when you see it. Whatever that person is really like, it's pretty clear these days that many people really don't want to be anything like him or her.

This October issue of *The Mainstreeter* is jam-packed with stories about people in our community, and none of the articles are about *that person*. Instead, they are about *that other person*, the one most all of us would want to be, if only we could emulate the very best qualities in our friends and neighbours.

For instance, in this issue, we meet Bia and Kristen Salles, two OOE residents who have created an innovative safe haven in this community for the most vulnerable youth in our city. We learn about Richard Deadman and his family who stood steadfast like the century-old sugar maples towering over their backyard, blocking an attempt by developers to chop the trees down after earlier committing to preserve them. Also, in this issue, we say a fond farewell to some 35 Sisters of the Sacred Heart who prepare to vacate their convent in OOE after a lifetime devoted to health care, pastoral and social services to this community.

Within our neighbourhoods,

it's not difficult to find *that other person*, that man or woman amongst us who understands right from wrong, takes a principled stand for the betterment of others and rises to the challenge when the odds are stacked against them.

On October 22, when the time comes to visit the local polling station in Old Ottawa East, please carefully consider the priorities of all the candidates for Capital Ward councillor and for school board trustees, as reported on the pages of this issue of *The Mainstreeter*, and then cast your ballot - not for *that person* but rather for *that other person*!

## It's time to renew the democratic process

### JAMIE BROUGHAM

In my opinion, the democratic process here in our community suffers from three problems that can be addressed by encouraging more of our residents to get involved.

The first problem deals with engaging our best and brightest. So many of us in this ward are economically secure, highly educated, and socially advanced. How can we find better ways to invite our fellow community members to get engaged, because their collective knowledge and value-add is certainly worth harvesting for the common good?

A second problem is a fundamental one - how do we improve our democratic process? How do we enhance the core relationship between all of us constituents and our democratic system? How can we help to instil more accountability within the civil service, and among our elected officials and in relation to the expenditure of our tax dollars? Whether it be working with developers, or directing civil departments, as a community we can be more vigilant to ensure balance between our three primary environments (economic, social, and natural). When educated and informed citizens agree on common direction, the results are usually clearer goals, a more sustainable community, and a better place to

live.

The third problem stems from the erosion of democracy in our society, and the need to identify ways in which to foster a renewal of the democratic process. Whether it be shareholders standing up for their rights, members of not-for-profits understanding what their combined resources can do for their cause, or people fighting for a more sustainable environment of any kind, we need more effective forums for collective expression. We need to use the unparalleled opportunity that new technology tools make available to us to develop our democratic process, to make it easier to get involved, to produce education for all, and to care more about our communities and our neighbours.

It can be hard to comprehend why we don't, as a society, collectively respond to the opportunity to be better at those things that threaten to make us worse. Why, for instance, are we not with a clear vision telling developers and politicians in no uncertain terms that our communities need a balance between our economic, social and natural environments. If we truly want our neighbourhoods to become more sustainable, happier places to live, we cannot sit idly by and react only to threats when negative change is already upon us?

In today's reality, technology

is doing more and more of our work for us. Why don't we have more time for civic engagement? For one thing, people's interest in the maintenance of democracy has waned because the process has grown unwelcoming, there are few if any well-developed collective forums to express views and, generally speaking, our individual opinions count for little. The government is not accountable to me or to you - it is accountable only to all of us collectively, and we are devoid of official platforms for collective expression. Increasingly, education is left to the media, and the traditional lines between information and entertainment have blurred beyond recognition. Important stories appear next to 'cat stuck in a tree' stories with little to distinguish between the value of one relative to the other.

Better is attainable. Let's start with the upcoming local election. Get out and vote for someone who will not merely represent us well but will also take a leadership role on city council in building a better citizen engagement process in all wards. After that, if you really want to make a difference, follow the lead of some of our community's best and brightest and get involved. The democratic process today is certainly not perfect, but there is no one better than the people in this community to make it the best it can be!

### OTHER USEFUL CONTACTS

**Councillor David Chernushenko:** David.Chernushenko@ottawa.ca

**Community Activities Group:** Call Old Town Hall at 613-564-1078 and leave a message for Carol Workun

**Community Police** (for non-emergency concerns): 613-236-1222 x5287 or huntmr@ottawapolic.ca

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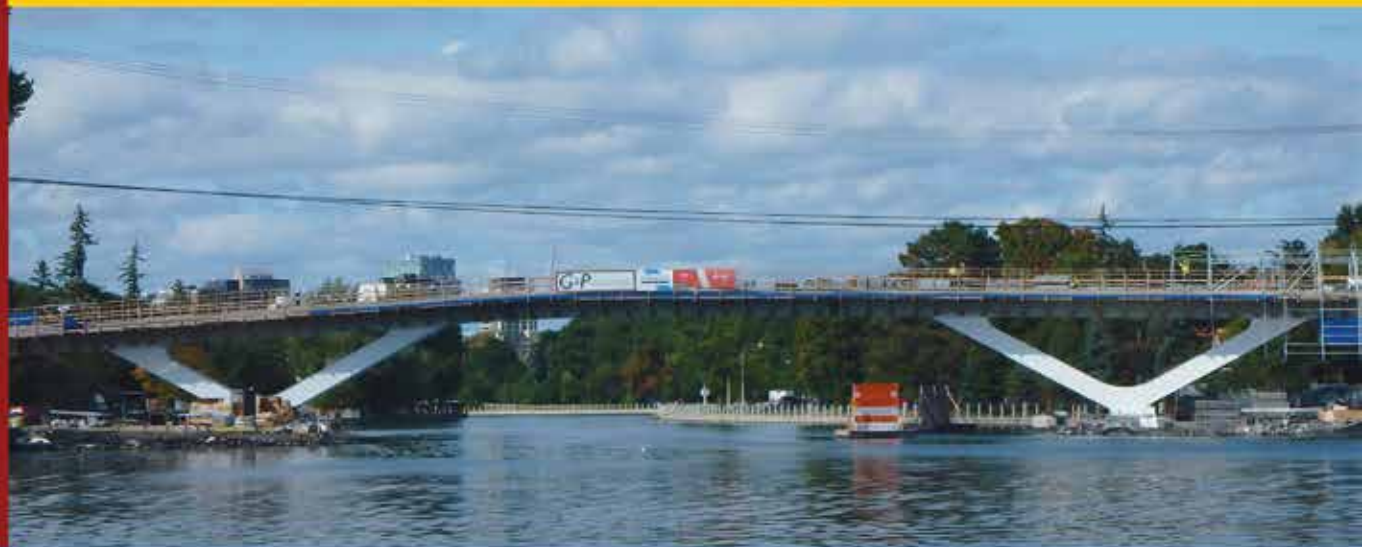
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# Farewell to the Sisters of the Sacred Heart

## Nuns leaving Springhurst convent after more than a century

PETER TOBIN

After 116 years residing in Old Ottawa East, the Sisters of the Sacred Heart (Les Soeurs du Sacre-Coeur de Jesus) will soon be leaving our community.

The original contingent of five Sisters arrived from France in 1902 to assist the Oblates residing in what is now known as the Deschatelets building. The current convent between des Oblats and Springhurst avenues dates to 1915. Two major additions resulted in the sprawling red brick building we see today.

At present, there are about 35 Sisters living in the convent. The majority are retired teachers; others worked in health care, pastoral and social services. Locally, they taught at the old de Mazenod school at Main Street and Graham Avenue and at the convent's boarding school.

At its peak, before closing in 1968, the convent's boarding school had 200 students. Sisters Andree Guindon and Annette Smart spent their teen years there as boarders prior to entering religious life as Sacred Heart Sisters. Both remember with fondness Sister Paul-Emile whose responsibilities included the dormitory. "She was a mother to us all" Sister Annette remembers. Sister Andree recalls that



JOHN DANCE PHOTOS

The remaining Sisters of the Sacred Heart will soon be leaving their convent in Old Ottawa East. They are pictured above in the convent's spacious chapel.

Right: The Sisters' large red-brick convent just to the north of the Greystone development is now owned by Domicile whose plans for the building have not been announced.

if the girls' hijinks got them in trouble, "Sister Paul-Emile always took our side".

The Sisters' concerns about their inevitable move heated up in the early 2000's. Their numbers had dropped considerably; many were well into their senior years, and the building was even older. Working with professional advisers, they deliberated on their options. The Oblates were doing the same thing regarding their much larger property that is now the Greystone Village development. Both the Oblates and the Sisters supported the City's Community Design Plan and consulted with the Old Ottawa East Community Association. All



Old Ottawa East residents should be grateful to the Sisters and Oblates for that Design Plan support.

The Sisters and Domicile began formal discussions in the summer of 2013. Key players were the late Sister Georgette Leroux, the order's Provincial, and David Renfroe, Domicile's Director of Planning and Development. Legal documents completing Domicile's purchase of the Sisters' property were signed in January 2014. The Corners on Main project started soon after.

Renfroe told *The Mainstreeter* that it was a privilege working with Sister Georgette. "She was always very gracious, considerate and respectful". Sister Georgette died in March 2017. Domicile worked with the Sisters to create the Mary Garden on Springhurst as a tribute to their dedication, commitment and service to Old Ottawa East. While it is unlikely that the convent could be re-purposed, Domicile has not announced what plans they have for the site.

As recently as 2012 there were close to 100 nuns residing in the convent. Two years ago, however, fire safety issues forced the closing of the infirmary and 30 ageing Sisters were relocated to a Long-Term Care facility in St. Isidore, 75 kilometres east of Ottawa.

What the remaining Sisters wanted most was to stay together. Next month, a few will move to a retirement residence in Gatineau. The majority will transfer, probably by year's end, to a new public retirement home being built in Casselman. When asked why Casselman, Sister Annette Smart replied: "So that we can be close to our Sisters in St. Isidore". It's a drive of about 15 minutes.

Life in Casselman will mean entering uncharted waters for the Sisters as the retirement home will accommodate 80 people, only 30 of whom will be nuns. No doubt there are worries, but the overall impression one gets from speaking to several of the Sisters is that they seem ready to face the move with resilience and confidence, and a continued sense of community and mission. They have many happy memories of the years spent in Old Ottawa East, but they are prepared to get on with life. On behalf of *The Mainstreeter*, we wish them farewell and 'bonne chance'.



For more on the history of the convent and Old Ottawa East please see Rick Wallace's excellent on-line "History of Ottawa East" at: <http://history.ottawaeast.ca/scholasticate.htm>

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# Walkabout for a safer Main Street

**DON FUGLER**

Main Street has undergone a total transformation from a congested thoroughfare to a “complete street” in the last couple of years. The changes we have all witnessed on Main Street represent a successful design to some, and an irritation to others.

No longer are there four lanes of car and truck traffic. According to an engineering study, the time needed for motorists to transit Main Street has increased by 1-2 minutes. At peak hour, there are about 100 to 300 fewer cars using Main Street than before the reconstruction. Cycling traffic has increased by at least 100% and often exceeds 900 trips per day. Cyclists now look forward to using the Main Street bicycle paths, while before it was a route to avoid. Pedestrians have wider sidewalks, well-separated from vehicles.

The City of Ottawa defines “complete streets” as ones that “incorporate the physical elements that allow a street to offer safety, comfort and mobility for all users of the street regardless of their age,

ability, or mode of transportation.” The City notes that a complete street will accommodate multiple modes, incorporate context-sensitive design principles, and can be used as a way to improve neighbourhoods and support liveability.

The measure of how “complete” a street the new Main Street really is turns to a great extent on the safety of the street’s re-design for all users. To assess this critical aspect of the Main Street re-design, the City commissioned a road safety audit that was conducted earlier this year by the engineering firm, CIMA.

CIMA’s draft engineering report on Main Street safety was presented to the City in mid-August and, in September, to a meeting of the Old Ottawa East Community Association (OOECA). The draft report details the remaining safety problem areas on Main Street where there are conflicts between the three user groups: motorists, cyclists, and pedestrians. The report identifies the location of each conflict area, whether the safety risks involved are extreme, high, medium, or low,

and advances possible solutions to alleviate the problems.

A review of the draft report shows that many of its 25 recommendations are straightforward and not contentious. If tree branches loom over the bike path, they can be trimmed. If a sign or signal light is not visible by the users, then it should be relocated. Cyclists going the wrong way on the paths should have to suffer the consequences of enforcement.

Here are some of the more substantial recommendations made by the CIMA consultants, grouped by affected parties.

## Motorists

There can be congestion caused by southbound cars on Main Street turning left onto Centennial Boulevard. Two possible solutions are an extension of the second lane southbound to permit passing of stopped cars or turn restrictions on Centennial during peak hours.

Motorists can be confused by signage clutter. With too many signs to read at 50 km/h, a driver may miss

the most important instructions. Signage can be improved and optimized.

## Cyclists

There is a problem with the intersection of Main Street and Riverdale Drive. Southbound motorists on Main, turning right onto Riverdale, may not notice a cyclist coming down the parallel bike path. The cyclist has the right of way but will be the one injured if there is a collision. There is also the problem of motorists northbound on Main waiting for a chance to turn left at Riverdale. Both cyclists and pedestrians are at risk in this busy intersection. The report talks about better (or increased) signage or turn restrictions.

Southbound cyclists on Main Street need a good connection to the entrance of Saint Paul’s University.

The green bike box at Lees Avenue should be closer to Main with the pedestrian crossing behind it, not in front as it is now.

*Continued on Page 16*

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## OUR NEIGHBOURHOOD

# Dunnett proud to call OOE home

**BONNIE WEPPLER**

Lisa Dunnett exudes positivity and enthusiasm.

When asked what she likes about Old Ottawa East, she notes: “What’s not to love? I love the location, I love all of the nature – the paths, the green spaces, the river – I love our fantastic neighbours and the whole community.”

At the same time, there are some gaps in the community.

“This neighbourhood deserves a proper community centre given what’s happening, the new growth, in Old Ottawa East,” says Dunnett. “A new community centre would draw the neighbourhood together and amplify it.”

In addition, a small grocery store, another family-friendly, affordable pub with craft beer and more small independent restaurants are on Dunnett’s wish list.

She is originally from St. John, New Brunswick but landed in Ottawa in March 1994.

“I wanted a change, something different, to see what was out there. It was the best decision I ever made.”

Dunnett studied Sports Sciences at the University of Ottawa and completed a Business degree at the Toronto School of Business.

Todd Dunnett arrived first in Old Ottawa East, with a purchase of a house on Belgrave Road. Within



**The Dunnett Family: Lisa, Jake and Todd, with children Isla and Declan, in front of their home on Belgrave Road.**

LISA DUNNETT PHOTO

months of the purchase, the pair met, she moved in the next year and they married. She jokes that their first baby is the now 15-year old Jake, a spaniel mix. Then came Declan, 14 years ago, and Isla, 12 years ago.

She went back to work after the

birth of Declan but missed him terribly. She decided she wanted to stay at home so she set up as a home daycare provider.

“I was only going to do this until Isla went to school.” Eleven years later, Dunnett still runs the daycare.

For the last four years, she has volunteered as a Board member for Community Activities Group (CAG).

“I didn’t know that I wanted to be a part of CAG until one of the Board members, Melanie Gilbert, asked me if I would help with events and so I joined the Events Team,” Dunnett recalls.

For the last four years, she has headed the Events Team. “My favourite event was the first year we hosted a chili cook-off as part of the Valentine’s Skate.”

Other memorable events include the return of The Main Event to Main Street and the addition of the Fall Festival to the annual Pumpkin Sale.

“I like being involved in the community, going to events, meeting everyone who participates and helps to make this community even more fun,” says Dunnett. “It’s been interesting to learn the business side of running community activities and planning events.”

“Our community is great because of those who volunteer here. Old Ottawa East is made better by being an active community member. Things don’t just happen. It takes people.”



**Consider volunteering for the Community Activities Group at [volunteer@ottawaeastcag.ca](mailto:volunteer@ottawaeastcag.ca)**

## History talks relocate to Old Town Hall

**JOHN DANCE**

The Old Town Hall on Main Street has taken over from Library and Archives Canada as the venue for the Ottawa Historical Association (OHA) to present their regular public history lectures.

Aided by a sponsorship from the Community Activities Group (CAG) of Old Ottawa East, OHA has now embarked on a series of speakers exploring diverse historical topics that will be presented at OOE’s community centre. The first session on “treaty annuities,” the annual payments made by the Crown to Indigenous people as beneficiaries of treaties, was held in September at the Old Town Hall and led by Betsy Baldwin of the historical

association.

“For years, we hosted our speakers at Library and Archives Canada (LAC), which generously accommodated us without cost,” says Baldwin. “We learned this summer that, given a recent change of policy toward cost-recovery charges to accommodate evening events, LAC was no longer able to continue our arrangement. We were therefore looking for a new home for our speaker series this year – a real challenge, as we are a no-budget organization that depends on the generosity of volunteer speakers and a donated venue.”

Upon hearing of the association’s plight, Carol Workun, CAG’s executive director, saw an opportunity to help and provide yet another activity of

interest to community residents and those beyond.

Baldwin’s series-opening talk explored the historical meanings of treaty annuities – as payments for land, promises of aid, and occasions for regular meetings and diplomacy. It also addressed how the application of treaty annuities has evolved and continued from 1818 to 2018.

The second historical talk in the series is scheduled for Thursday, October 18, beginning at 7:30 p.m. and is entitled “How Extraordinary! Preserving the Psychiatric Art of Scotland.” Mary Margaret Johnston-Miller, an art archivist with LAC, and James Miller, professor of history at Carleton University, will jointly deliver the lecture.

This talk will examine a unique collection of works of art created by patients – men and women – in mental hospitals or with a history of mental ill-health, in Scotland. The collection includes hundreds of drawing, paintings, sculptures, and multi-media works collected over many years by art therapist, Joyce Laing.

The third scheduled presentation (November 15) will address military history to honour Remembrance Day. The talk will be given by David O’Keefe, a professor of history at Marianopolis College in Westmount who is also the military historian associated with History Television and other productions.





## Peter Fowler's OOE Focus

This stunning photo of Old Ottawa East residents Ellen Pazdzior and her husband, Gunther Krausbar paddling on the Rideau River beside Brantwood Park just before sunset was taken by avid local shutterbug, Jamie Brougham, who enjoys taking photos of and on the water of this community.

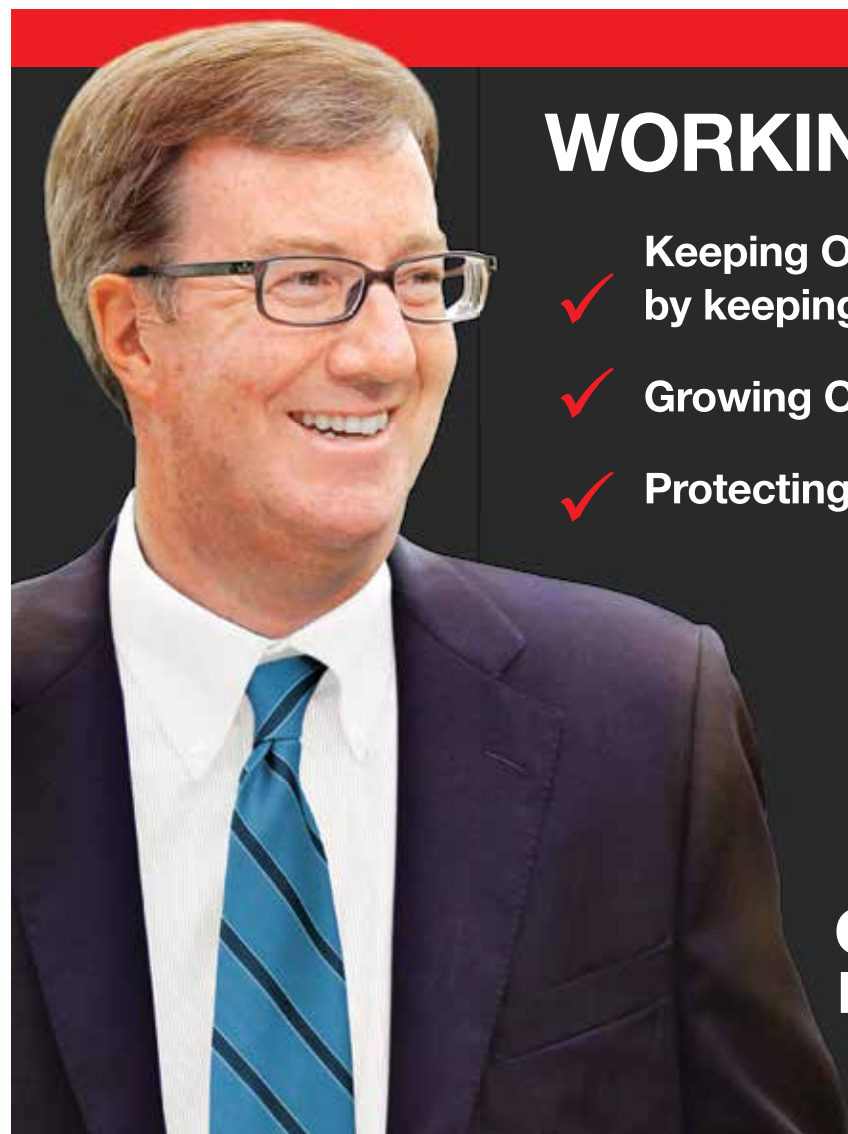
**Ellen Pazdzior:** The photo was taken unbeknownst to me and my husband as we were training in our canoe one evening just before sunset at the beginning of August. The location is just across the Rideau River from Brantwood Park. We do most of our training on the Rideau River because we are OOE residents and we live only a few metres away from the river. We are avid canoeists and compete in the North Bay-to-Mattawa marathon canoe race most years, a 64-kilometre race with about 10 portages. More recently we competed at



the National Marathon Canoe Championships in Sudbury where we won our category. It's awesome that you have decided to use Jamie's photo in *The Mainstreeter*!

**Peter Fowler's Comments:** Imagine this photo having been taken in the heart of a large city!

The reflection is critical to amplify the colours - both the trees and the canoeists. There is just enough ripple in the water to distort the reflection and emphasize the reds. The wake of the canoe adds to the serene setting. The bare branches (left) create texture and the gradient from dark to light (right to left) is pleasing.



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# Children's Garden grows more than produce

A special gardening club helps homeless LGBTQ youth find a safe, green space in OOE

LORNE ABUGOV

Strolling by the Ottawa Children's Garden in the early autumn, one is taken aback by the sheer bounty of green produce awaiting harvest that has sprung up this past growing season from the well-tended beds of soil.

Less visible, however, than the bumper crop of fruits and vegetables is something else that has taken root within the peaceful precincts of the garden for a small but vulnerable group of inner-city pre-teen and teen gardeners - a growing sense of security and self-assuredness that comes from the simple pleasure of learning to garden in a safe space within the heart of the city.

Now in its second year of existence, the Queer and Trans Youth Gardening Club offers a safe space every Sunday from 10 am to noon at the Children's Garden for inner city LGBTQ youth between the ages of nine and 19.

"We are dealing with such a sensitive group of youth every week," says Bia Salles, who together with her wife Kristen Gilchrist-Salles, serve as the facilitators for the Club, which they founded two years ago to allow young people in crisis over their gender and sexuality a sanctuary where they could learn and experience the joys of gardening in safety. "What is so important for these youth in particular is the knowledge that they can come to the garden, spend thoroughly enjoyable time here and realize that no harm will come to them," says Salles.

Salles, who has resided for eight years in Old Ottawa East, says that she is a passionate gardener who loves the Children's Garden. "I have been working with the Children's Garden for the past five years. I love the garden, I love gardening, I love farming, and when the opportunity arose to give something back to the community, we went for it."

Shesays the organizers of the Children's Garden were very accommodating when they were approached about the idea of a gardening club for queer and trans youth. As the club's gardeners tend to be a little older than most of the child gardeners, they are able to do a lot of the heavier labour needed to run a thriving garden, so "there are many benefits to the garden to have queer and trans teenagers helping the younger children."

"We are really a club in progress, in that we don't have members as such," she says. "We have young individuals coming to the garden every Sunday, and they come and go as they please. It is a

different group of youth every meeting. From the beginning, that is one of the things we wanted to do, we wanted to try to keep the club as open and non-threatening as possible."

Salles vividly recalls the club's first growing season and is proud of the youngsters' prowess in gardening. "We started the club that first season with very good success. We had one soil bed at the Children's Garden and we managed to grow a lot of produce - very nice butternut squash, Swiss chard, tomatoes, peppers and cucumbers."

This season, club members have added green beans and summer squash and have also planted some herbs, mostly basil and oregano. "We have been attempting to grow carrots, but we haven't been too successful with that crop yet!" Salles confides.

Salles describes the founding objective of the club as "creating a safe space for queer and trans youth to come and socialize". She notes that Ottawa has a very high rate of youth homelessness, and that 40 to 50% of the homeless youth population of the city identifies themselves as LGBTQ.

Another goal of the club is to help to provide food security for the homeless youth of Ottawa. According to Salles, youth homelessness breeds issues and concerns surrounding food insecurity. "One of the keys to the club is that the garden gives these youth access to a place where they can get fresh produce



GENEVIÈVE GAZAILLE PHOTO

The Children's Garden hosts the Queer and Trans Youth Gardening Club every Sunday morning.

in their diet without having to pay for it, given that it is very expensive for them to buy healthy food at grocery stores."

The Queer and Trans Youth Gardening Club donated much of the excess produce grown during their first summer season to an Ottawa organization called Families of Sisters in Spirit (FSIS) that supports the families of missing and murdered indigenous women all over Canada and holds an annual communal feast. There are plans this year to similarly donate the excess harvest to the FSIS organization which

will use the produce for a vegetable soup, green tomato loaf and kale chips.



Youth organizations working with members of the LGBTQ community in Ottawa and individual youth who are experiencing issues relating to their gender and sexuality can learn more about the LGBTQ Gardening Club and their weekend activities at the Ottawa Children's Garden by contacting Bia Salles by email at [camilapsalles@hotmail.com](mailto:camilapsalles@hotmail.com).

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# FOLLOWING THE NEWS

## Glenora St. residents breathe a sigh of relief, again

MEREDITH NEWBERRY

*Readers may recall in the April 2018 issue of The Mainstreeter, Meredith Newberry reported that Glenora residents and the OOECA planning committee helped to stop development of a three-story oversized building on their street. But the owners of the lot still wanted their project to go ahead and needed a provincial-level OMB appeal hearing to make it happen. Here, she updates the story for us.*

Glenora Street residents are once again relieved to hear that plans for the vacant lot on their street no longer include a three-story development.

The neighbours were preparing their defence for the appeal when they were informed that the original plans for the vacant lot had been scrapped. There's no word yet on what new plans are being drawn for the property at 173 Glenora Street, but the residents nearby hope that next time it's a project that's compatible with their neighbourhood.

"From day one, we have been in favour of the development of this lot and our only request has been to adjust its scale and shape so that it better fits in our block," said Olivier Bassett, a resident near the vacant lot.

He shared his sentiment with more than 30 neighbours and city electoral candidates at a neighbourhood rally he helped to organize late August. They want the system for granting and denying variances to be fairer to the residents.

Kristiann Allen lives adjacent to the vacant property and is frustrated with the system that's in place, which she believes favours developers: "I have had to try really hard not to become too cynical, but that's been a big challenge," said Allen. "There seems to be an assumption that the minor variance tool provides an easy way to achieve what amounts to a rezoning of individual properties, permitting a completely different class of building than the subzone otherwise allows." This particular property on Glenora Street would have required several variances to build what the developers had originally planned.

Tom Allen, another Glenora resident, said that the odds are stacked against residents when dealing with City hearings: "The neighbours have no experience in this process and have to learn everything from scratch, and when it comes to Committee of Adjustment or OMB hearings, they are usually attending for the first time, and are placed in an adversarial process with a developer who has done this many times."

Earlier in the year another Old Ottawa East proposal set to go to the OMB hearing was also dismissed, much to the delight of neighbours. New property owners on Simcoe Street chose to drop their request for building variances and instead chose to build compatible structures within the bylaws.



JOHN DANCE PHOTO

Christine Nestruck and artist Ben Novak unveiled art celebrating the memory of soon-to-be-demolished Holy Trinity Church at the corner of Main Street and Echo Drive.

## Condo residents commemorate Holy Trinity Church

JOHN DANCE

As Old Ottawa East's oldest church faces the wrecking ball, residents across the street celebrated the unveiling of a "digitally enhanced art-piece" by graphic artist Ben Novak that preserves forever the rich colour and warm design of the church.

Residents of 10 Main Street, the condominium at the southern corner of Main Street and Echo Drive, gathered last month to toast fellow resident Novak and his artwork that serves as the centrepiece of the renovation of the condo's lobby.

Holy Trinity Church, just across Main Street from the condo, was built in 1877 but will be demolished to make way for a new six storey condo to be known as "The Echo."

Although the church was deemed by the City of Ottawa's heritage staff to be of heritage "interest," it was not a "designated" building, which permitted the developer, Uniform Developments, to successfully make the case that they had the right to demolish the building.

This decision was strongly opposed by many in the community, including Jean-François Lozier who wrote in *The Mainstreeter*, "In light of the building's rich history, this [demolition of the church] would be a great loss."

Timing of the construction of the new condominium has not been announced although Uniform Developments has been actively marketing the new units. Ironically, the church will be used as the condo's sale office before it is demolished to make way for the new building.



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# OOECA to test Main St. study

— Continued from Page 11

The intersection of Main and Colonel By Drive probably needs a separate study: there is no obvious or safe way for cyclists to connect to the Canal path from the north end of Main.

## Pedestrians/bus riders

The cross-hatches on the bike path indicating bus rider loading are not effective. There has to be a more explicit signage or markings to keep cyclists and bus riders aware of each other's requirements.

The pedestrian refuge area on the southwest corner of Main and Hawthorne Avenue is too small and subject to truck turning. The obvious solution, making a larger bulb-out for protection, will reduce the number of traffic lanes.

As *The Mainstreeter* went to press, members of the community planned to meet with representatives of the OOECA Transportation committee for a fact-finding "walkabout" along the length of Main Street from the south end where the McIlwraith Bridge connects from Smyth Road to the intersection of Main Street and

Colonel By Drive in the north.

The group planned to conduct a first-hand inspection of every one of the CIMA report findings along the route, adding their own perspectives and anecdotal experiences and compiling the information to be presented to the monthly OOECA meeting on Tuesday, October 9th.

One member of the OOECA Transportation committee had observed that risks associated with traffic on Main Street had in fact extended beyond that street onto other adjoining and neighbouring streets. "Impatient and aggressive commuters are seeking and finding other means of getting around Main Street "traffic calming" and, at times, putting other unseen areas at risk from increased volumes and speeds," said Tom Scott, who pointed to increased, higher-speed vehicle traffic on Hazel Street as one example.



*Readers concerned about the safety of Main Street should attend the regularly-scheduled meeting of the OOE Community Association on Tuesday, October 9th at the Old Town Hall, 61 Main Street.*

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## ELECTION 2018

ELECTION DAY: OCTOBER 22



VALÉRIE ASSOI



LYRA EVANS



MARIELLE GODBOUT



ROSE LABRÈCHE



REGAN PRESZCATOR



SHELLEY LAWRENCE

# Who's running for school trustee?

## JOHN DANCE

*The Mainstreeter asked candidates for the four school boards for a brief paragraph on their backgrounds and another on why they are running. Six of the seven candidates responded.*

*Note that Valérie Assoi was the only candidate for Le Conseil des Écoles Catholiques du Centre Est and so was acclaimed. Nevertheless, The Mainstreeter thought it worthwhile to provide her responses to our readers.*

*We asked the two candidates for the Ottawa Catholic School Board to provide an additional paragraph giving their views on the redeveloped Immaculata High School playing field and whether they will seek any changes to what the Board is currently proposing with Ottawa Footy Sevens. One of the two candidates responded to this question, the other did not.*

### Ottawa-Carleton District School Board - Zone 9

**Rose LaBrèche:** I am ready to serve the community of Old Ottawa East. Currently a federal public servant, I am also a Director on the Board of Rugby Ontario and am an international match official in rugby, having represented Canada at events including the 2016 Olympic Games. I have worked with children and youth, including at-risk populations, in many different capacities in both direct provision and governance roles. I have been an active member in the Ottawa area with youth groups and empower students to find confidence and mental well-being through sport and activity. I also hold a Master's degree from the University of Ottawa.

I am running as a Trustee because I care deeply about making the education system more inclusive and accessible. I am committed to building strong communities through schools and to creating engaging

environments for students to learn and thrive in. There is a need for wide ranging engagement in decision-making and I will work hard to serve community residents to ensure our children receive high quality, current education. Please contact me to discuss school issues - it would be my pleasure to speak with you.

**Lyra Evans:** Lyra Evans is an activist, an openly LGBTQ person, and a former student of the OCDSB. Lyra came out as trans in high school, a difficult experience for her that highlighted the difference between inclusive policies and a truly inclusive environment. Lyra also struggled with homelessness as a teen while still trying to complete high school. Since finishing high school, Lyra has advocated for the homeless and organized to increase awareness around LGBTQ issues. In recognition of her work, Lyra has won a Feminist Emmy (Amnesty) in 2016 and the Social Justice and Community Empowerment Award (Youth Line) in 2018.

Lyra was distressed by the government's decisions to revert to the 1998 sex-education curriculum, halt the incorporation of Indigenous content into curriculums, and eliminate the school repairs fund. Lyra has witnessed the impact of poverty on quality of education and would like to increase funding to low-income schools to give all students equal opportunity. School is more difficult for students facing discrimination, and in recognition of this Lyra wants to promote equity in the OCDSB. Lyra feels that her experience teaching sex-ed in schools with Planned Parenthood and as a community organizer makes her well-situated to advocate on behalf of students.

### Ottawa Catholic School Board

**Shelley Lawrence:** Greetings! I live

in Old Ottawa South. I was a chaplaincy leader for 25 years serving in St. Paul H.S., St. Matthew H.S., Immaculata H.S. (2001 – 2009), and, opened St. Francis Xavier H.S. I am a recipient of the OCSB Director of Education Commendation for excellence in education and an Archdiocesan award for my work with youth. I volunteer teaching ESL to newcomers as well as work with my religious order. I am a Religious of the Sacred Heart of Jesus, an international order of women serving in 42 countries of the world. I hold a B.A., B.Ed., and M.A.

I am running for the position of trustee because Catholic education is a unique gift and, as a religious sister and an educator, one I hold very close to my heart. My life has been one of service and this is a new way to be of service within a system I believe in and have vast knowledge. I want to serve the OCSB rate payers and students as a trustee, bringing your needs and concerns to the table, and to promote and support the Board's mission and vision and goals. For my priorities, please check out my website: [bit.ly/SLzone9](http://bit.ly/SLzone9).

I was asked to say something about the Immaculata H.S. field. Having worked for eight years at Immaculata, and still knowing many staff and parents, it is my understanding that the Immaculata school community is very happy to have a state of the art playing field for their physical education and athletics programs. I would await the outcome of the election to be fully briefed on the agreement between the Board and Ottawa Footy Sevens as well as hear the concerns of the greater community.

**Regan Preszcatior:** My name is Regan Preszcatior and I am the incumbent candidate running for Ottawa Catholic School Board trustee. I am a graduate of the dual-track French immersion program within

the Catholic School System, was raised in a Catholic family and grew up attending St Peter's Parish. Since completing my studies, I have been working in various capacities within the House of Commons and Senate of Canada. I am passionate about giving children the best possible start to life, and the best way to do that is to ensure that they have access to quality education and the resources that they need.

As trustee, my goal is to continue to defend Catholic education and to give children and youth the best start at life. By working together to empower our community, we can give a voice to staff, students and ratepayers to ensure that all concerns are heard, and that collaborative consultation is conducted whenever possible. I will continue to advocate for students and assist families in maintaining open lines of communication with schools and the board.

### Conseil des Écoles Publiques de l'Est de l'Ontario

**Marielle Godbout:** Actuellement traductrice agréée, mon expérience professionnelle antérieure a touché plusieurs domaines : enseignement aux niveaux secondaire et universitaire ; analyse, planification et gestion stratégique de ressources financières ; négociation patronale/syndicale ; enquête et règlement de plaintes sur les langues officielles ; politique en matière de main-d'œuvre. J'ai été vice-présidente et présidente d'une section locale d'un grand syndicat. J'ai siégé au conseil de direction de l'Ontario Public School Boards Association pendant une dizaine d'années. Depuis 2016, j'ai occupé les postes de vice-présidente et de présidente de l'Association des traducteurs et interprètes de l'Ontario.

*Continued on Page 21*



# SHARING LUNCH WITH THE CANDIDATES

## COMMUNITY COUNTS!

### Capital Ward candidates tell us what's on top of their priority lists

*In the interest of providing Old Ottawa East residents with more information on the candidates running for councillor of Capital Ward, The Mainstreeter posed four questions to the five candidates. All of them took advantage of the opportunity.*

*Candidates were allowed a maximum of 600 words to answer all four questions, but it was their choice as to which questions they wanted to provide detailed or less detailed responses.*

#### QUESTION #1

**The Mainstreeter:** What key issues pertaining to Old Ottawa East are of concern to the voters in our community that you have canvassed, and how would you address these issues?



Jide Afolabi

#### Jide Afolabi

**Limiting flagrant property variances:** I have heard repeated concerns about flagrant variances sought and almost invariably acquired by developers. That is why a key plank of my platform is a by-law on a community-driven counter-variable process. It would ensure that if a pre-set number of neighbours in a given catchment area sign a petition - a "petition with teeth" as I call it - the variance can be terminated.

**Environment and biodiversity concerns:** I have also heard concerns about the environment and our city's biodiversity. Thus, I am proposing the establishment of an Ottawa Tree Corp, leveraging the environmental awareness of our youth in the nurturing and expansion of our urban forest. Also, I am supportive of our city's development

of Bird-friendly Design Guidelines.

**Closure of Immaculata field:** It is obvious that the process and outcome regarding the new sports field at Immaculata High School has drained the goodwill between residents with homes close to the school and the OCSB. In addition, recent reports from various quarters have highlighted concerns about the carcinogenic properties of artificial turf. The process, I believe, is one that cannot repeat. It is important that consultations touching both on the enjoyment of homes and the usability of school facilities be thorough and meaningful. Further, I am proposing an independent study with recommendations regarding any carcinogenic impacts occasioned using plastic turfs.

#### Anthony Carricato

**Revitalization of Main Street:** With the completion of Main Street, residents want to see more restaurants, shops and a grocery store. New residents are moving in rapidly and the need to revitalize Main Street is pressing. I will work with retailers and local entrepreneurs and leverage these relationships to encourage business development. There's also a need for a new community centre to keep pace with new development.

**Need for a dog park:** As your councillor, I will work with residents and the city to expedite the addition of dog parks in part of Springhurst and Brantwood parks.

**Closure of Immaculata field:** This was a terrible blow to the community, and all residents are disappointed in the lack of consultation, the loss of public access and the lights and noise coming from the field. We must ensure this does not become the precedent.

**Enforcement of rooming house rules:** There are more and more rooming houses popping up in the area and we need more aggressive steps to regulate them. R4 zoning definitions must be enforced. We need to address concerns from neighbours regarding absent landlords, garbage storage and parking.

**Alta Vista Transit Corridor:** A clear majority of residents, particularly those who live off Lees near Springhurst Park, are strongly opposed to the Alta Vista Transit Corridor running through their community. I will defend your interests

and oppose any such plans that would ruin the neighbourhood.



David Chernushenko

#### David Chernushenko

**Housing affordability and affordable/supportive housing:** This vibrant, convenient community has become extremely popular -- driving up the cost of ownership and rental and driving out housing that accommodated many on limited incomes, notably seniors. That is a loss to us all, and we need to stop this trend from spiralling upward.

I have worked to include an affordable housing component at Greystone Village. I will work to ensure the city meets its own target of 25% of housing being affordable by passing an Inclusionary Zoning by-law, notably around rail stations and using Section 37, where applicable. I will ensure the upcoming Official Plan revision includes strong affordability promotion, and that rail expansion is tied to affordable housing objectives. I will continue to champion supportive housing in Capital Ward, such as Ottawa Salus' Karen's Place, and an imminent project on Carling Avenue.

Nothing is more fundamental to physical and mental health than safe, healthy housing -- built to minimize energy use to slash that expense also.

Planning certainty and compatible infill: I worked hard to reform the Ontario Municipal Board process. The new Local Planning Tribunal ensures Official Plans cannot be appealed, and that isolated applications for rezoning are held to the Official Plan and Community Plans such as the one in

place in OOE -- which I was proud to help shepherd through. I contributed to passing the Infill I and II guidelines, worked to improve the R3 zoning and eliminated the loophole known as conversions. There is still much work to do to ensure planning certainty. The new Official Plan is the chance to ensure it leads to a green and resilient city.

#### Christine McAllister

**Community perspectives in planning decisions:** The topic I hear most about while canvassing is the need for community perspectives to be incorporated into planning decisions. There is a strong feeling the views of developers are favoured and communities are powerless to influence outcomes. The pace and scale of development within Old Ottawa East is dramatic and residents should be engaged so their input can contribute to compatible development in the neighbourhood.

**Traffic and parking concerns:** Old Ottawa East is undergoing rapid transition with 900+ new homes and the Flora Bridge, both of which will put pressure on traffic and parking. While most are supportive of these new developments, resulting impacts should be monitored and quickly addressed



Shawn Menard

where necessary.

**Closure of Immaculata field:** Also of concern is the redevelopment of the Immaculata High School Field and lack of consultation with the community. This issue has had many impacts on neighbours, which have been exacerbated by the lack of



# THE MAINSTREETER INTERVIEW

communication between the school board and the community. Robust conversations from the get-go would have identified and resolved some of the most egregious of the impacts.

## Shawn Menard

**Fix the broken planning process:** I have been hearing a lot about people's understandable frustration over the broken planning process in our city. Developers have been in the driver's seat for too long and that must change.

If we want sustainable communities and a vibrant urban core, intensification of our neighbourhoods is a necessary reality. However, there is so much distrust in municipal decision-making that some residents wonder why they bother participating in the process. This is not the sign of a healthy democracy.

If elected, I will be thoroughly engaged in the upcoming Official Plan review. I will actively listen to what you want to see changed and go to work for you at City Hall. We may not agree



Anthony Carricato

on everything but with me as your Councillor you will always know where I stand and how I have come to the positions that I take to Council.

We need and deserve more certainty in the planning process. Community Design Plans (CDPs) and zoning should be respected. Transparent, public-interest driven decision-making will be my top priority.

We are too often told that there is nothing that can be done to stop or curb a particular development.

**Closure of Immaculata field:** The Immaculata High School Field debacle provides an apt example. As your Councillor, I will find solutions even when they seem elusive. If the City is lacking tools that only the Province can confer, you can count on me to do everything I can to engage with other orders of government to fill the gaps.

**Alta Vista Transit Corridor:** Finally, we need reliable, accessible public transit and cycling and walking infrastructure.

This is why I do not favour further construction of the Alta Vista Corridor. I would prefer to see the \$70 million-dollar price tag reallocated to improved and ultimately free public transit.

## QUESTION #2

**The Mainstreeter:** What other issues - possibly of relevance to other wards too - do you feel strongly about that require the attention of the new council?

### Jide Afolabi

**Green roofs by-law:** As a member of Ottawa's new council, I intend to work on the adoption of a green roofs by-law, ensuring green spaces lost to large developments at the ground level can be replaced in large part by greenery on the flat roofs of those developments.

**Eliminating single-use plastics in Ottawa:** Further, our world is currently on pace to having plastics outweigh marine life in our oceans by 2050! While this is not a problem Ottawa can singularly resolve, it is imperative that we start by halting the most egregious instances of our commercially-induced reliance on plastics. It is important that council mandate the phasing out of the sale or provision of single-use plastics in Ottawa.

**Alta Vista Transit Corridor:** Thirdly, I believe the Alta Vista Transportation Corridor has no place on Ottawa's Official Plan. It is a supremely expensive project that would detract from the use of the LRT and could worsen vehicular traffic on Main Street. The land designated for it should instead become the "crown jewel" of a contiguous Rideau River park corridor running from Strathcona Park in Sandy Hill, through Springhurst Park, to Linda Thom Park in Old Ottawa South. A footbridge across the river at the eastern end of Clegg would enhance the usability of this mega-park - a place that could feature outdoor theatre, community gathering spaces, walking paths, and more.

### Anthony Carricato

**Better rules to guide smart development:** Residents and developers want more clarity and certainty when it comes to the city's oversight of projects, including for building heights and design features. We need to introduce specific criteria for smart development. When we consult a community and establish a design plan, as the city did in OOE, we must follow through, otherwise we're wasting time and money.

**Solutions to local traffic problems:** Traffic problems must be addressed

with practical solutions tailored to local realities. I will review traffic, bike and pedestrian concerns, consult with residents and community associations and push for sensible changes.

### David Chernushenko

Climate protection is critical. Both reducing emissions to slow climate breakdown and revising policies and standards to adapt to the changes



Christine McAllister

already upon us.

**Tree canopy preservation and replanting:** The new Urban Forest Management Plan has a series of actions, including bylaw reviews which must lead to stronger tree protection.

**Recreation:** Parks, greenspaces, paths and community centres are critical to community health. I have made progress on new paths (and a bridge!) but we must complete our work of getting a new community centre at Greystone Village, adding to and maintaining existing parks, and ensuring Springhurst Park absorbs the large greenspace on Lees Avenue when the outdated Alta Vista Corridor plan is removed from the next Transportation Master Plan, as I have worked to achieve. Sites for new small parks must be found in OOE.

### Christine McAllister

**Climate, environment and sustainability concerns:** Council should consider the city's role in meeting the challenge of climate change and develop a plan to focus on the environment and sustainability. This would include protecting/enhancing greenspace, trees and waterways; transitioning to a low-carbon economy and establishing better waste management.

**Better municipal budgeting:** Providing for a better budget process is needed, with greater input from residents at an earlier stage, so that

residents have a say in the budget. Additionally, evaluating the budget from an investment perspective, to understand the trade-offs between taxes and investments, including the costs of not making investments (such as community centres, affordable housing). Doing so will ensure wise decision-making for the future of our city.

**Better decision-making through ward councils:** I also believe the community needs to have a greater say in the decisions made by city council. This should be led by the local councillor, who would actively seek out the views of people in the community, for instance, through ward councils.

### Shawn Menard

**New Council, new challenges:** The new Council will be confronted with some new challenges, for example issues that will arise out of the legalization and retail sale of marijuana.

**Affordable housing and homelessness:** There are also many ongoing issues which have to be addressed on a priority basis. For example, there are over 10,000 people in our city who are on the waitlist for affordable housing. It's unacceptable in our nation's capital, where there is so much privilege and wealth, that people should be chronically homeless or precariously housed.

## QUESTION #3

**The Mainstreeter:** OOE is a community concerned about healthy living and preserving and enhancing the environment. If you are elected, how will you contribute to advancing the health and well-being of this community, the City and its residents?

### Jide Afolabi

**Main Street Farmers' Market:** I would seek a permanent home for the Main Street Farmers' Market, possibly along the Grand Allée.

**Improved transportation within OOE:** I would also work to improve transportation in the neighbourhood. I would like to see an improvement to Stage 2 of the LRT project, focusing on what I call "The Elbow" - an arc departing from Carling Station, extending eastward with the placement of a station at Lansdowne and another at CHEO. The line would then head back west. With the placement of a pedestrian bridge at Lansdowne, The Elbow would place light rail transit within reach of the residents of Old Ottawa East.



# Candidates advocate for greener ward

— Continued from Page 19

## Anthony Carricato

**Greener and more resilient neighbourhoods:** I will advocate that new developments 1) meet high environmental standards with green space requirements, 2) build green infrastructure that allows rain water to be absorbed where it lands and mitigates some of the effects of extreme weather events linked to climate change, and 3) maintain existing mature tree coverage, and more trees should be planted.

**More compost and recycling bins:** The City has a major role to play in normalizing recycling and green bin use. By making these options more widely available in public spaces including on sidewalks and in parks, we will help divert waste from the landfill.

**Improve bike connectivity:** Currently, there is a lack of connectivity in the bike lane system between Old Ottawa East, Alta Vista, the Glebe and Sandy Hill. Some of that will be improved with the new Flora Footbridge, however, more can be done to improve cycling connectivity in Capital ward and throughout the city, so people feel safe riding their bikes.

## David Chernushenko

Complete the Ottawa River Action Plan.

Celebrate the Flora Footbridge and encourage its active use by improving connections.

Educate residents to share roads and paths with mutual respect, on the proper use of cycle tracks, on safe cycling and walking practices, and on driving with vigilance and care. Make OOE a 40kph zone.

Implement Energy Evolution, and complete and fund its next phases, in full partnership with residents, businesses, schools and other institutions.

## Christine McAllister

**A sustainable environment promotes healthy living:** A sustainable environment is the cornerstone of healthy living. As councillor, I would work on enhancing trees and greenspaces and protecting our rivers, transitioning to a low-carbon economy by championing action on climate change and improving how we manage waste. I will support current efforts for the development of new community space and local groups to help seniors live independently longer (including for programs to reduce isolation, maintain daily living routines and maintain their homes). The City can do more for affordable housing and create a better physical environment through better snow clearing of sidewalks and bike lanes.

## Shawn Menard

**Save our trees:** These are concerns that I share. That's why I was engaged, active and leading the effort to stop Regional Group's plans to cut down century-old maple trees in Old Ottawa East. Our urban tree canopy is a precious resource that must be protected and preserved. We need a robust and properly funded framework in place to ensure that decisions to remove trees are never taken lightly.

**Renewable energy strategy:** Similarly, we have a Renewable Energy strategy in Ottawa but it's not worth the paper it's written on without appropriate funding for its implementation. To date, City Council has sometimes talked the talk but rarely walked the walk when it comes to climate change. I will be a strong voice in calling for action on preserving and enhancing greenspace in Old Ottawa East and throughout the city.

**A new community centre for OOE:** I also strongly support securing a new community centre for Old Ottawa East. Physical and emotional wellness are enhanced when we can come together for recreation.

## QUESTION #4

**The Mainstreeter:** What, in your view, have been the key successes and failures of the current council?

### Jide Afolabi

**Successes:** Council's greatest accomplishment in the last term was the securing of funding to extend the O-Train Trillium Line into Riverside South.

**Failures:** Council's biggest failure was the approval of an unprecedented 65-story tower for 900 Albert Street, across from Bayview station. The rezoning decision was taken despite neighbourhood opposition and without an adequate assessment of the need for amenities that would result from such a super-concentration of residents.

### David Chernushenko

**Successes:** Adopting a Complete Streets design policy for road renewal projects, providing better equity among users and greater safety.

■ Approving and building the Confederation Line and approving plans for future phases.

■ Approving Energy Evolution, a transition strategy for moving from fossil fuels to ultra-efficient buildings and transportation powered by renewable energy.

■ Approving the first-ever Urban Forest Management Plan.

**Failures:** Planning certainty has not been achieved. All rules and plans seem to be open for negotiation. This has led to a loss of faith in city government, and the value of citizen participation.

The loss of trees and community character through development that does not respect community needs.

Tepid progress towards waste diversion goals and greenhouse gas targets.

## Christine McAllister

**Successes:** If all goes to plan, the launch of the LRT will be council's biggest achievement of the last term. While the launch would be a success, the process in terms of transparency, the budget, timelines and contract management has been less than successful. That said, as a proponent of better, more efficient transit services for residents of Ottawa that will get cars off the road and get people to where they are going, I look forward to the launch!

**Failures:** Council has placed a consistent priority on the needs of developers over the interests of communities when approving planning applications. This fails nearby residents and is a disservice for those throughout the city. Ensuring proper consultation takes place in Capital Ward is the reason why I am running for Council.

I am also deeply concerned about the lack of an implemented plan for the city's role in meeting the challenge of climate change.

## Shawn Menard

**Successes:** Progress on LRT construction is a success, but we still have a long way to go before we'll have transit that meets the needs of all residents.

**Failures:** The approval of the 65-storey tower on Albert Street was a major failure and one that is symptomatic of some of the issues I have already discussed. In that same vein, the decision to locate the new Central Library outside of the traditional urban core was very disappointing.



**Residents may also wish to consult the responses these candidates provided to questions posed to them by the CBC (see**

**<https://www.cbc.ca/news/canada/ottawa/capital-ward-ottawa-municipal-election-2018-1.4792213XXXX>).**

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Peter  
Fowler's  
Travel  
Focus



## Rio Beni River, Bolivia

In this month's *Mainstreeter*, Photo Editor Peter Fowler dips into his collection of more than 21,000 photos to present a personal favourite of young village children in Bolivia awaiting their turn to visit with a volunteer medical team, of which Fowler was a mainstay of many such missions helping with local health care in remote areas.

**PETER FOWLER:** This photo was taken in an Amerindian village on the Rio Beni River in Bolivia. As part of a volunteer medical team, candid photos are much easier to come by although the nearby dental station may have added some apprehension to the faces. We bring balloons, pencils and small toys to make the children feel more comfortable but usually just our being there is a bit like the carnival coming to town. The young and the old congregate for a wonderful social gathering with the added attraction of having your teeth or eyes looked at. And then there's the balloons.



In our next issue in December, watch for the work of Old Ottawa East resident, Stephan C. Telka who responded to our call for favourite travel photos with a submission of some fascinating pictures shot in Lisbon, Portugal. Join Stephan and others who have already answered our call! Old Ottawa East residents are invited to submit their personal favourite international travel photo along with a brief description of the photo, how they came to take it and why it is a cherished favourite (200 words or less). Send your travel photo submissions to [editor@mainstreeter.ca](mailto:editor@mainstreeter.ca). Perhaps your international travel photo will appear in this space in a future issue of *The Mainstreeter*.

## A closer look at the Francophone candidates

— Continued from Page 17

Je me présente à nouveau au poste de conseillère scolaire du secteur 9 du CEPEO pour continuer à militer en faveur d'un système d'éducation qui crée un climat accueillant pour tous les membres de la francophonie ontarienne, qui favorise l'épanouissement de sa diversité et qui veille à faire respecter ses droits dans un esprit d'équité et de justice pour tous. Dans le contexte actuel, il est essentiel que la population francophone soit représentée par des personnes qui connaissent à fond les rouages du système d'éducation en Ontario et qui ont une solide

expérience en direction exécutive afin d'être en mesure de relever les nombreux défis du prochain mandat.

**Abdourahman Kahin:** Did not respond to *The Mainstreeter*.

### Conseil des Ecoles Catholiques du Centre Est

**Valérie Assoi:** (Candidat élu par acclamation): Je me définis comme une bâtisseuse de ponts entre groupes hétérogènes (qui, habituellement, ne se côtoient pas). Par le passé, spécialisée en Régulation économique des industries de réseaux (télécommunications); au Canada,

Maîtrise en Résolution de conflits et vaste expérience en gestion des dynamiques de groupe. Je suis également spécialiste des questions d'équité et d'inclusion. Mes 10 ans d'expérience en développement communautaire font de moi une citoyenne engagée, dévouée à plusieurs organismes. Membre du conseil d'administration du MIFO et de CAWI-IVTF. Mère de deux jeunes adultes (Johanne et Michèle) et un adolescent (Ange-Kelly).

Je me suis présentée afin de promouvoir ces quatre aspects:

1. L'engagement des parents: Mon engagement dans les écoles de mes

enfants m'a fait penser à être sur la Table politique du Conseil

2. La transformation de l'expérience d'apprentissage: Je vois l'effet positif de l'innovation et de la créativité sur les jeunes et la fierté des parents : j'aimerais que les enfants y aient plus accès

3. Le lien avec la communauté: Je vois au quotidien, l'effet des partenariats sur le mieux-être de nos quartiers et j'aimerais que les organismes communautaires considèrent les Conseils scolaires comme des partenaires privilégiés

4. Le profil de sortie de l'élève: particulièrement, un penseur critique et créatif, un citoyen engagé et éthique.



# MENTORS IN THE HOOD

In This Issue: The Music Industry

## Sheila White's advice: Make music happen

SUE BEATTIE

It was both an eye-opening and an ear-opening experience chatting recently with Sheila White on the topic of music. Her sheer love of life is intoxicating - and she attributes much of it to her love and her family's love of music.

White is a freelance musician who is both a teacher and performer. She conducts several ensembles including a concert band with Ottawa New Horizons, which is part of a non-profit international community helping to expand music-making opportunities for adults. Adults with various backgrounds and experience join the organization to learn or re-learn to play music because they love it.

She also gives private classes and tutoring in her Old Ottawa East home studio, teaching the classical flute, Irish flute, Suzuki flute and recorder. As a performer, she has played in orchestras, Celtic bands and chamber ensembles, and is best known for her flute and harp duo with Lucile Brais Hildesheim.

White's husband, and their two sons, are all heavily into music. It's an important part of their lives, individually and as a family.

According to White, recent research shows that humans rebuild and build neuron pathways when playing music. "Musical skills transfer to life skills, and vice versa," she says. "Music is an essential part of a balanced education. Music affects real learning. Engaging in music is an entire workout for the brain, and meanwhile, it's FUN!"

And if that's not enough, White notes as well that music is a main contender for developing self-discipline,

analytical skills, creativity, social skills, memory, self-confidence, building self-esteem and helping to counter-balance depression and anxiety.

In 2006, UNESCO declared Arts Education as a universal human right. To quote the eminent flutist Paula Robison, "Art and the Arts are not a luxury just for the chosen few; the Arts are for everyone. To appreciate it and to have beauty in your life is to be fully human".

Sadly, our children's school report cards list the subject 'Arts' at the bottom of the second page. In White's view, our school system hasn't yet made Arts a priority, nor given it the recognition it deserves. She thinks this will someday change, but it will take some time for that to occur.

White points out that many of her former students are making inroads in their chosen fields, and they have attributed much of their success to their musical training. Music brings balance to our lives; without music education in the school system, there will be less and less balance and creativity in our world. If we don't nurture this creativity, she asks, how are our scientists going to make their many breakthroughs?

"I love teaching," she adds with gusto. "Over the years, as I got more into teaching and taking pedagogy courses, I became a better musician. And as I became a better musician, I would think about how I was going to take that back to my students - and I



ALAN BENNETT-WHITE PHOTO

The musical duo of OOE resident Sheila White (left) and Lucile Brais Hildesheim will be in concert at the NAC Fourth Stage on November 24 to perform Christmas songs from their recent CD release, *When Winter Comes*.

became an even better teacher! It just keeps going so beautifully back and forth.

"The exciting thing is that we're always learning. And as a teacher, you're always learning. The juices are always flowing. It's open-ended!"

To those who are thinking about a future in the music world, apart from a degree in music, White suggests taking a basic business course; if someone wants to become a freelance musician and/or be one's own boss, you've got to get a sense of business. Sadly, many people are taken advantage of in this field. People often assume that you'll perform for nothing, or for very little. Bookkeeping, Marketing, and Studio Management are also crucial. You'll most likely be your own agent, teaching privately as well as with other organizations.

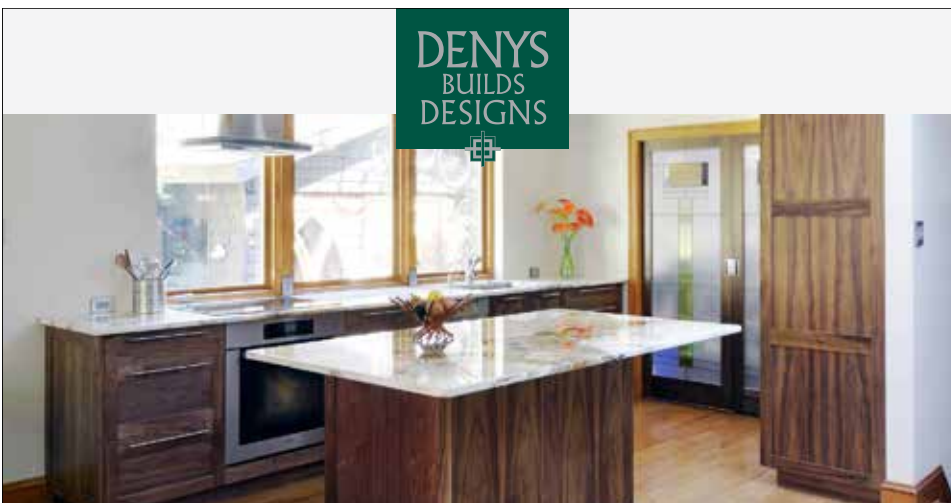
White also quickly offers this advice to everyone, and especially to teenagers and those in University: volunteer in the community. She notes that so many groups need an extra pair of hands, whether it be flipping burgers at a picnic, offering to help set up a local craft show, or mowing your elderly neighbour's lawn - the jobs are endless and so are the contacts that

will be made, which could very well become priceless. Community spirit and getting to know those on your street and area is one of the building blocks to a successful and safe neighbourhood, according to White. Learning new skills is critical in going out into the world and these people we meet along the way help us to find ourselves. They may be able to offer advice or introductions to someone else in your field. Besides, being able to help others is never a bad thing.

"It's not the kind of situation where you get your music degree and then say, 'Ok, now who's looking for me?' Or discover the perfect job in the want ads. Because, YOU have got to make it happen".

**'When Winter Comes' is the name of the new CD that White, playing the flute, and her music partner, harpist Lucile Brais Hildesheim, recorded at Dominion-Chalmers Church and released last November. The CD is available at The Leading Note Music Shop, 370 Elgin Street in Ottawa. Their next live performance is at the NAC Fourth Stage on November 24th <https://nac-cna.ca/en/discover/holidays>.**





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SUPPLIE PHOTO

Main Street has its own parade to celebrate our veterans and the 100th anniversary of the end of WWI. It's a chance for OOE residents to march along with the band!

# Remembrance ceremony to mark 100th anniversary of the end of WW1

**REV. GEORGES WINTERS B.MSC. CHAPLAIN, STRATHCONA LEGION '595'**

As everyone knows, we commemorate Remembrance Day each year on November 11th. Whether born in Canada or immigrated here recently or in years past, we all owe the life we are living today, and the democratic freedoms we enjoy, to the young men and women who made the supreme sacrifice during the Wars and Conflicts, as well as to those who are keeping the tradition alive today.

This year, as every year, the Strathcona Legion will be holding its Remembrance Ceremony at the Beckwith (Brantwood) Gates on Main & Beckwith streets on Sunday morning, November 4, 2018, the Sunday before Remembrance Day. This year, Strathcona Legion will also be acknowledging the celebration of the 100th Anniversary of the end of World War I.

The parade will depart from the Immaculata High School parking lot at approximately 10:30 am and the

procession will travel south on Main Street to the Beckwith Gates for our 11:00 am Remembrance Ceremony, followed thereafter by a march back to Immaculata High School.

The Remembrance Ceremony parade will include the marching bands of the 742 National Capital Air Cadet Squadron and the Falkland Sea Cadet Bands and will feature the participation of the Governor General's Foot Guard Cadets. Representatives from the Honour Colour Guards of Strathcona Legion, Ottawa Police, Ottawa Fire, and Ottawa's Paramedic Services will also march in the parade. Rounding out the parade will be vintage World War II vehicles and a contingent from the Ottawa Veterans' Motorcycle Club.



*All residents of Old Ottawa East and friends are invited to come out and watch the Remembrance Ceremony on November 4th at the Beckwith (Brantwood) Gates. Observers are also welcome to march along Main Street in the parade with us if they so wish. We are, after all, celebrating the veterans.*

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# WHAT'S ON YOUR PLATE?

## Food as a municipal election issue

GENEVIÈVE GAZAILLE

*In the next few weeks we will learn who will be representing us for the next four years on Ottawa City Council. Food is an electoral issue that many might not consider when they cast their ballots on October 22. But the reality is that there are many issues relating to food that impact us directly as residents of this community.*

### Community gardening

Would you like to access a garden plot but can't because the ones that are close to you have long waiting lists? If the Community Gardening Network is responsible for allocating funds to new and existing gardens, these funds are actually distributed by the municipality. Why not express your support for more funding or help identify public land that could be offered by the City for gardening?

### Food saving & Composting

It's a well-known fact. Composting rates are way too low. But think about how much food you waste in a week! Leftovers, wilted vegetables, cheese turned blue; put your fridge to the test and you'll be amazed at how much you're wasting. If buying less is an obvious solution, there are many tricks you can use to prolong the shelf life of your food – just go online to learn more. Wouldn't it be nice as well if the City implemented a program to donate its leftover prepared food to local organizations? In the meantime,



GENEVIÈVE GAZAILLE PHOTO

A wide range of issues relating to our food supply and how we incorporate it into our daily lives become matters to consider when casting your ballot for local government on October 22.

when it's too late and there's no way your food will resuscitate, use your green bin, don't toss your food in the garbage! If you feel grossed out by the whole thing, head to the City of Ottawa website where you'll find tips on how to keep things under control.

### Municipal facilities

Do you ever buy food when you go to the arena? Perhaps you find it too unhealthy. What about municipal cafeterias? We may be surrounded by agricultural land but the fact of the matter is that the food you find at these venues has probably traveled thousands of kilometres. Perhaps it's time to revisit those policies so that

residents can buy fresh, healthy and local when visiting a municipal facility.

### Community kitchens

Certain community centres have community kitchens that residents can rent or use as part of organized activities by the City. Perhaps your kitchen is too small, and you need to prepare a meal for your parents 50th wedding anniversary. Or you want to organize a group canning activity from your fall harvest. Or you'd love to find a camp for your kids to learn how to cook. Let's make more of these spaces available, and let's ask the municipality for more activities that will make us a more informed, sustainable and secure

community.

### Agricultural land

Ottawa is an agricultural city. If you think about Kanata or Orleans just a few years ago, you didn't find all those brand-new shiny homes. You saw fields. And we need to protect that legacy. Real estate speculation of farm land has dramatically increased the price of properties and made it very hard for new young farming families to access a plot of land to feed us. The municipality needs to find a way to reach its development goals while protecting some of its territory to encourage sustainable agriculture.

## Emergency Food Centre walk is back

MAUREEN KILLORAN

Plans are afoot to host another walkathon in support of the Centretown Emergency Food Centre. This year's "Walk for the Centre", which will hit the streets on October 21st, marks the organization's third charity fundraiser. Readers may recall that the walk originated as friends and supporters of the Food Centre sought innovative ways to highlight the need for greater food security in central Ottawa and raise much-needed funds for a long-time neighbourhood resource.

The Emergency Food Centre, located at 507 Bank Street in the basement of Centretown United Church (Bank Street at Argyle Avenue), serves many people living in central Ottawa, including

many in rooming houses, refugees and students. Its catchment area runs from Wellington Street to Billings Bridge, and from Lyon Street in the west to Main Street, including Lees Avenue, in the east.

The Food Centre receives support from many sources, but demand remains high, and with food prices rising, it is an ongoing challenge to serve everyone who comes through the door. Members of 23 central Ottawa churches (including several in Old Ottawa East) supply food and financial donations regularly. It also receives support from the City, and food donations from the Food Bank. In 2016, the Food Centre spent \$100,000 over and above these contributions, making fundraising essential. Food

drives in local grocery stores, schools and funding from generous individuals provide additional valuable support.

To date, each year's "Walk for the Centre" has been bigger and more popular than the preceding one, and organizers from the Centretown Churches Social Action Committee are hoping 2018 will be even bigger.

Walkathon organizer, Elizabeth Kent, feels that the walk is also about raising awareness of the needs in our central Ottawa community, and the important role the Food Centre plays in supporting those in need. "Our motto every year has been 'neighbours helping neighbours', and this is very much the message we want to convey – we welcome walkers of all ages," says Kent.

People in our community can help the

Food Centre by joining this year's short 3.5 kilometre walk on Sunday, October 21 at 2 pm. Registration will begin at 1:30 pm, with local musicians contributing music before the walk begins. The route will take people along the Ottawa River behind Parliament Hill, a great location for a Sunday afternoon stroll. A shorter route will also be available. Both walks will begin and conclude at City Hall.



**Maureen Killoran is an Old Ottawa East resident and a member of CCSAC's walkathon organizing committee.**

**Further information, an online registration form, and a donation form can be found at the CCSAC website: [www.centretownchurches.org](http://www.centretownchurches.org).**



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# Is your child's backpack a pain in the neck?

## DR. STEPHEN KONKLE

"Strapping on the backpack" is a daily ritual for students. They struggle to fit in all the necessities of school – books, binders, and supplies – as well as gym gear, lunch, and more. However, what may not be apparent in the effort to get to school every morning is the potential for injury that is associated with wearing a poorly-designed or overloaded backpack. More than 50% of Canadian youth will have experienced back pain by the end of their school years, and overloaded

backpacks may be a cause.

Research shows that carrying a backpack weighing more than 10% of the child's body weight can lead to back and neck pain, changes in posture, as well as potential injury to the spine, joints, and muscles. Yet, despite this risk, more than 90% of students are carrying more than 10% of their weight on their backs!

Both children and parents need to know that this kind of injury can be prevented by keeping some simple tips in mind:

Choose a backpack that is

appropriate to the child's body size, and not larger than needed. The top should not extend higher than the shoulders and the bottom should not fall below the top of the hip bone.

The shoulder straps should be wide, adjustable, and padded, and the backpack should also have a padded back for added protection and comfort.

Pack the heaviest items closest to the body to reduce the strain.

Hip or waist strap helps to redistribute as much as 50-70% of the weight from the shoulders and onto the pelvis, balancing the load.

Backpacks should never exceed 10% of an elementary school child's weight.

Chiropractors play an important role in providing preventative education and the early detection of potential back problems, in addition to providing treatment for musculoskeletal injuries.

*Dr. Stephen Konkle, B.Sc. D.C. is an Old Ottawa East resident, and owns and operates Remedy Chiropractic & Sports Injury Centre in downtown Ottawa (www.remedychiro.ca).*



# POLITICAL PAGES



## OLD OTTAWA EAST COMMUNITY ASSOCIATION

BY PHYLLIS ODENBACH SUTTON  
INFO@OTTAWAEAST.CA

## ANOTHER BUSY SUMMER IN THE COMMUNITY!

On the transportation front, paddling access to the canal was restored at Hazel in mid-July thanks to our MP Catherine McKenna. The Flora Footbridge was named and made structurally complete – if only they could complete it before next fall, as is currently scheduled. But there is no open house date yet to discuss Queensway bridge replacement.

On Main Street, it was great to get the mural under the Queensway Bridge repaired as the artists returned to restore the flowers and stained-glass panels. Farther south on Main Street, most of the dead trees have been replaced, others have been pruned, and the City Forestry department has taken responsibility for watering trees in silva cells (north of Clegg). The dead sod in boulevards south of Clegg has been replaced by hydro-seeding of drought- and salt-tolerant grasses and other ground cover. A presentation on the Main Street Road Safety Audit was made at the September 11 Community Association meeting, with considerable discussion on unsafe situations identified in the study or by residents.

Unfortunately, the planned consultation on dogs in parks was delayed; it now seems likely that the earliest that consultation will take place is late October.

Old Ottawa East continues to be in the news. Check out this July 31 blog by Hans as he explored the Rideau River Western Pathway: <http://hansonthebike.com/2018/07/31/hurdman-bridge-new-pathway/#comment-179>

Or read the Globe and Mail article from August 17: <https://www.theglobeandmail.com/real-estate/article-old-ottawa-east-new-again/>

And given that this is a municipal election year, an election for which there is often low voter turn-out, I would like to highlight some recent examples of engagement and activism in our community. The municipal level is the closest to our daily life, so a higher level of engagement and a



more informed electorate in OOE can only be good news for our community and our association. Hopefully, many of you were able to attend the all-candidates meeting on September 27, hosted by Capital Ward community associations, including the OOECA.

Much of the recent community activity started with the concerns of a single individual or small group of residents and had impact well beyond initial expectations. In particular, I am thinking of the Neighbours for Community Fields, the Save Our Trees campaign and the Glenora residents who fought against a triplex being built on an undersized lot. I was struck as well by the engagement of youth in some of these actions, their use and

knowledge of social media and the resultant network-building with other communities.

Indeed, I think it is really important for community associations to work together; the issues in OOE are rarely unique and we can often learn so much from the experience of others. We are also stronger when we speak with one voice.

Finally, I would like to highlight a few dates for your calendars: Khaled Salam, the Director of the AIDS Committee of Ottawa (located at 19 Main Street) will be joining us at our October 9 monthly Board meeting. We will also be discussing the future of Sustainable Living Ottawa East (SLOE), an organization that has been a catalyst for so many of our

sustainability actions.

And please put our Annual General Meeting on your calendar – Tuesday, November 13 at the Church of the Ascension, 253 Echo Drive. For more information see the notice elsewhere in this edition of *The Mainstreeter*.

**Have questions? Want to learn more or volunteer to make improvements in the community? Then please attend the monthly OOECA Board meetings (second Tuesday of the month, 7:00 p.m. at Old Town Hall). For more details check out the OOECA website at <http://www.ottawaeast.ca/> or contact me at [info@ottawaeast.ca](mailto:info@ottawaeast.ca).**





## JOEL HARDEN MPP, OTTAWA CENTRE

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613-722-6414  
109 CATHERINE ST, OTTAWA, ON, K2P 0P4



## AN ASSAULT ON LOCAL DEMOCRACY

I will confirm what you've seen in news reports: it's been a daily, jaw-dropping circus at the Ontario Legislature. At issue is Premier Doug Ford's insistence that he has the right to interfere in free and fair elections at the City of Toronto, reducing the number of wards from 45 to 27 in the middle of their municipal election.

In a scathing decision, Justice Edward Belobaba overturned the election-rigging law, ruling that it's unconstitutional. Instead of reflecting on the judge's decision, Ford immediately announced that the government would apply Section 33 of the Charter, the Notwithstanding Clause, that allows governments to override people's Charter rights. Not only that, he attacked our judiciary, questioning the independence of Justice Belobaba.

With Premier Ford's decision to invoke the Notwithstanding Clause, Ontario finds itself in a political moment once captured by the great Bertolt Brecht:

*"Some party hack decreed that the people  
Had lost the government's confidence  
And could only regain it with redoubled effort.  
If that is the case, would it not be simpler,  
If the government simply dissolved the people  
And elected another?"*

Ford is settling old scores at Toronto City Hall. He laments about "downtown city councillors" while hospitals are overcrowded, schools are crumbling, and student debt piles up. Instead of focusing on the priorities I hear about on the doorsteps, he is obsessed with pursuing his own personal vendetta.

And who is likely to benefit from fewer city councillors in Toronto? Developers, lobbyists, and others seeking to cash in at expense of Toronto residents. If Ford is successful, we can expect a wave of privatization efforts, none of which are likely to help those in need.

Of course, this isn't just a Toronto issue.

Already, Ford has openly mused about reducing the size of Ottawa's city council. While his ministers rushed to contradict him, we need to stay vigilant and ready to resist any further attacks on local democracy.

Ford has also said he won't hesitate to use the Notwithstanding Clause again, that he "won't be shy" to suspend our Charter rights again and again. With the Ford government facing numerous legal challenges, including citizens challenging the rollback of modern, inclusive, LGBTQ affirming sexual health education, this is a deeply chilling prospect.

Along with my NDP caucus colleagues, we've used every tool at our disposal to fight this attack on people's Charter rights. We slowed them down through marathon parliamentary sessions, while hundreds of citizens have mobilized to voice their resistance.

Our office has received hundreds of correspondences from people who are outraged by Ford's attack on local democracy. It is a privilege to represent such an engaged constituency, and I'm energized by the support we've received in standing up for Ontarians' Charter rights.

We are also continuing to organize locally. From 1 pm to 3 pm on October 13, we will host a town hall on responsible development at the Glebe Community Centre. Constituents are telling us that developers call the shots at City Hall, and that community concerns must be heard.

Finally, I've been given the honour of serving as the Official Opposition Critic for Accessibility & Persons with Disabilities; Pensions; Seniors' Affairs. I know that there is a wealth of expertise in Old Ottawa East, and I invite you to share it with me, so I can be a more effective critic. Together, we can achieve justice for our elders and people with disabilities.

## CATHERINE MCKENNA, MP, OTTAWA CENTRE

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## INVESTING IN OUR COMMUNITIES AND HELPING TO GROW THE MIDDLE CLASS

As the leaves begin to change colour and the weather cools down, signalling Thanksgiving, I can't help but reflect on how thankful I am to be part of the wonderful community that is Ottawa Centre. Getting out knocking on doors and listening to residents is one of the best ways to hear what matters to you. As Ottawa continues to grow and evolve as our capital city, I will continue to push for investments that help our community. Some examples of those important investments in Ottawa Centre include:

■ \$1.4 million across 133 organizations in Ottawa Centre through the Canada Summer Jobs (CSJ) program this past summer. Thanks to Canada Summer Jobs, young people in Ottawa Centre had access to job opportunities with small businesses, not-for-profit organizations, and the public sector.

■ \$10.5 million for the Fifth-Clegg Footbridge, now named the Flora Footbridge. The 5-metre-wide, 123-metre-long, linear multi-use pedestrian and cyclist bridge will connect the important mid-town communities of Old Ottawa East, Old Ottawa South, and The Glebe. It will also reduce commute distances and promote the use of active modes of transportation in Ottawa. It is scheduled to be completed by August

2019.

■ \$26.4 million to Carleton University in support of sustainability and green initiatives on campus, including energy-efficient retrofitting and development of the Advances Research and Smart Environments (ARISE) project, a collaborative infrastructure project that promises to bolster innovation in clean technology.

These are just some examples of our government's commitment to helping communities and the middle class grow. Together, we will keep working to build and grow a healthy and prosperous Ottawa Centre.

A final note: resolving the ongoing public service pay problem is our government's priority. We are committed to working collaboratively at all levels to resolve the issues with Phoenix as soon as possible, while understanding that there is no quick fix. We are confident that we will resolve the problem with the help of our dedicated public servants, and we are listening to all valuable perspectives.

If you have challenges resolving your Phoenix pay issue, please contact our office. A member of our team will look into how our office can best help.





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Raindate: Saturday, October 13

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More info:  
**[www.OttawaEastCAG.ca](http://www.OttawaEastCAG.ca)**

# ANTHONY CARRICATO

As your representative for Capital Ward, I pledge to be an approachable and inclusive Councillor who engages with you on important decisions that affect our ward. I have a plan that focuses on:

#### BETTER RULES TO GUIDE SMART DEVELOPMENT

- Promote planning that provides clarity and certainty for both residents and developers alike
- Build a strategy for growth with planning decisions that enhance the vibrancy of the community

#### GREENER AND MORE RESILIENT NEIGHBOURHOODS

- Protect trees, green space and advocate for green infrastructure to mitigate the effects of climate change
- Better waste management with more compost and recycling bins in all buildings, on our streets and in our parks with separate containers for pet waste

#### RESULTS FOR OUR COMMUNITY

- Advocate for property tax fairness, so residents of Capital Ward are not paying disproportionately more
- Protect the safety of our streets by reviewing traffic patterns, cycling connectivity and pedestrian crossings

On October 22, I look forward to earning your vote.  
*Together, we can bring new energy to City Hall!*

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BRENDA DUKE PHOTO

Sebastian tucks into a banana split at the Hawthorne Avenue street party.

## Inaugural Hawthorne street party a success

JESSICA BRANDON-JEPP

Fun, friendship and community were on display in September when about 50 neighbours came together to celebrate and socialize at the first annual Hawthorne Avenue street party.

The event showcased the talents of Hawthorne Avenue residents with a contest for the best cookie, homegrown vegetable and flower. Other events included face painting, egg races, tug of war and a bike parade. Children from the neighbourhood decorated a 'Hawthorne flag', to be proudly displayed on the street as a reminder of the importance of an inclusive community.

Residents were treated to music from acclaimed musician Roland Doucet, as well as delicious food from local businesses Farang Thai and Habibi Pizza and Lebanese Pies. Cyco's bike shop generously donated the prize for the bike parade and Catherina Amato (Registered Massage Therapist from LBR Training) donated a one-hour massage as the prize for neighbour bingo. Empties for Paws, an organization run by Eileen Woodside, helped with the clean up and raised

money for dog rescue. In true Hawthorne Avenue spirit, residents stuck around to help with the tear down.

The street party was organized by a committed group of neighbours, including Kristina Pauk, Sarah Johnston-Way, Leeann Beggs, Brenda Duke and Jessica Brandon-Jepp. "We are so lucky to be surrounded by such wonderful neighbours and to live with a real sense of community on Hawthorne Avenue," said Brandon-Jepp. "It was great to see that spirit alive and well at the street party. Thank you to all those who attended or helped with the event."



*The group is already looking forward to making next year's event bigger and better. Anyone interested in organizing next year's event can send an email to*

*hawthornestreetparty@gmail.com. Old Ottawa East thoroughfares come alive in the summer as street parties abound, including the long-running Mason Terrace and the brand-new McGillivray Street parties. Does your street have an annual street party? If so, The Mainstreeter would like to know about it!*

## Annual holiday event supports Hospice Care Ottawa

KRISTINA VOTH-CHILDS

Homes for the Holidays has become an annual tradition for many OOE residents to get into the holiday spirit. Now in its 16th year, this event will see many neighbourhood supporters and volunteers of Hospice Care Ottawa trekking through the city the weekend of November 16-18 to get a glimpse inside eight exquisite homes beautifully decorated by some of Ottawa's top local florists and designers.

During the three day tour, ticket holders will have the opportunity to walk through each home, view the stunning architecture, see the gorgeous decor and get ideas for dressing up their own spaces. In addition to the eight decorated tour homes, ticket holders will also have access to two special holiday stops: The Holiday PopUp Shop and the Holiday Bake-Off and Handmade Bazaar. Both will provide unique shopping experiences and an opportunity for guests to enjoy

a complementary refreshment.

The main reason for the event is to raise funds for Hospice Care Ottawa, an organization that provides palliative and end-of-life care to those living with a life-limiting illness and their loved ones, at no charge – nearly 1,500 individuals annually. The 2017 Homes for the Holidays tour raised over \$158,000 net and organizers hope to surpass that amount this year.

If you love architecture, design and the festive holiday season, you're in for a treat!



*Tour ticket booklets are now on sale online and at various locations across Ottawa for \$50 each. Ticket holders can visit each home, the Holiday PopUp Shop and the Holiday Bake-Off and Handmade Bazaar over the three days. Get into the holiday spirit while supporting Hospice Care Ottawa. For more information or to purchase tickets visit [www.hospicecareottawa.ca](http://www.hospicecareottawa.ca) or call 613-260-2906 ext. 222.*

## OOE COMMUNITY EVENTS

■ *Saturday, October 13: CHARLOTTE & THÉO'S BUTTERFLY RUN* through the Carleton University campus. Now in its second year, the Butterfly Run is a 5 km run and 1-mile walk/run and it is the first charity fun run of its kind in the Ottawa/Gatineau area. The run raises awareness and support for individuals and families who have experienced infertility, pregnancy and infant loss, while raising money for Roger Neilson House, a program of the Children's Hospital of Eastern Ontario (CHEO). More information at: <http://www.butterflyrunottawa.ca/register1.html>

■ *Saturday, November 17, 10 a.m. to 4 p.m.: ONE & ONLY Arts and Crafts Fair* at the Sandy Hill Community Centre. 250 Somerset Street East. Free Admission and Refreshments. Over 30 vendors with unique and affordable products. Free parking. <https://www.ash-acsc.ca/event/sandy-hills-one-only-arts-crafts-fair/>

■ *Sunday, November 25, 10 a.m.: GRAND MARKET* of the Ottawa Chapter of One World Grannies at the Horticulture Building, Lansdowne Park. Proceeds from the community bazaar go to the Stephen Lewis Grandmothers' Campaign to aid their fight against HIV/AIDS.

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# Notice of 2018 Joint Annual General Meeting

Old Ottawa East Community Association (OOECA) and Community Activities Group of Ottawa East (CAG)

vieux Ottawa-Est (ACVOE) et le Groupe d'activités communautaires (GAC) du vieux quartier d'Ottawa-Est

TUESDAY, NOVEMBER 13, 2018

LE MARDI 13 NOVEMBRE 2018

■ Church of the Ascension

■ Église de l'Ascension

■ 253 Echo Drive

■ 253, promenade Echo

■ Everyone welcome!

■ Bienvenue à tous !

■ 7:00 p.m., registration

■ 19h, inscription

■ 7:15 p.m., annual meeting call to order, followed by a social hour.

■ 19 h 15, assemblée générale annuelle suivie d'une rencontre sociale

For up-to-date information and agenda go to [www.OttawaEast.ca](http://www.OttawaEast.ca). If you or someone you know is interested in serving on the OOECA or CAG Boards, please contact us:

CAG: [board@ottawaeastcag.ca](mailto:board@ottawaeastcag.ca)  
OOECA: [info@ottawaeast.ca](mailto:info@ottawaeast.ca)

Pour tous renseignements ainsi que l'ordre du jour, voir [www.OttawaEast.ca](http://www.OttawaEast.ca)

Si vous êtes intéressé(e) à faire partie des conseils d'administration de l'ACVOE ou du GAC, veuillez communiquer avec nous à :

Avis d'assemblée générale annuelle conjointe 2018

GAC: [board@ottawaeastcag.ca](mailto:board@ottawaeastcag.ca)  
ACVOE: [info@ottawaeast.ca](mailto:info@ottawaeast.ca)

L'Association communautaire du

## A gathering of artists celebrates their new works

MAINSTREETER STAFF

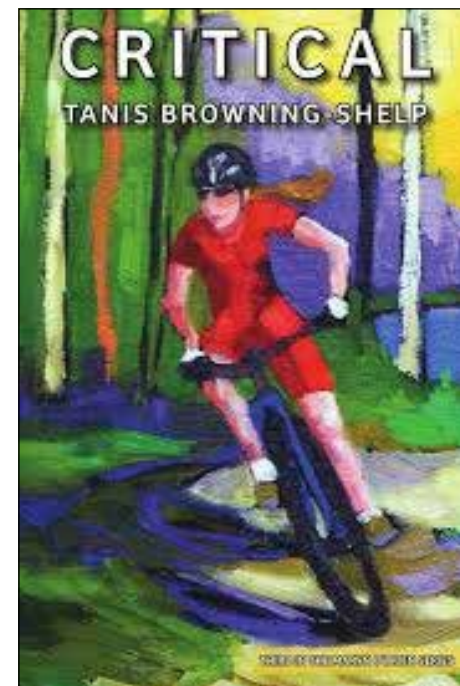
Young adult fiction writer and OOE resident, Tanis Browning-Shelp recently celebrated the launch of her third novel in her Maryn O'Brien series in the company of a creative cornucopia of local authors, artists and musicians gathered within the comforts of her Echo Drive home.

The event in late September was a celebration of all things art, entitled In The Dog House, and was billed as an "artistic collaboration of books, art and music" staged by Browning-Shelp's publisher, Dog-Eared Books Publishing House, a company she helped to found.

Her latest novel, Critical, was just one of three new titles launched at In The Dog House, the others being: A Christmas Dragon, by veteran young adult writer, Larry McCloskey, and 12:01 Midnight's Gone, a debut work of poetry by Lynette Wilson.

"This event is a true artistic collaboration with a community of local artists," says Browning-Shelp. "I am excited to introduce Critical at this event - especially so soon after Crushed, the second book in the series, won its mini battle in CBC Radio's Teen Reads contest last month.

"This series has been seven years in the making. I love Maryn, my protagonist, like she is one of my



own teenagers. I feel deeply for her in this particular book as she faces some very real and very heart-wrenching challenges."

The eclectic event also featured an exhibition of work by three noteworthy local artists, painter Jocelyn van Wynsberghe (the cover artist for Dog-Eared Books), and guest artists Cara Lipsett and Ruth Browning. A musical performance by Lynette Wilson of a new single, When I Taste Your Gin, from her upcoming EP rounded out the late afternoon celebration of the arts.

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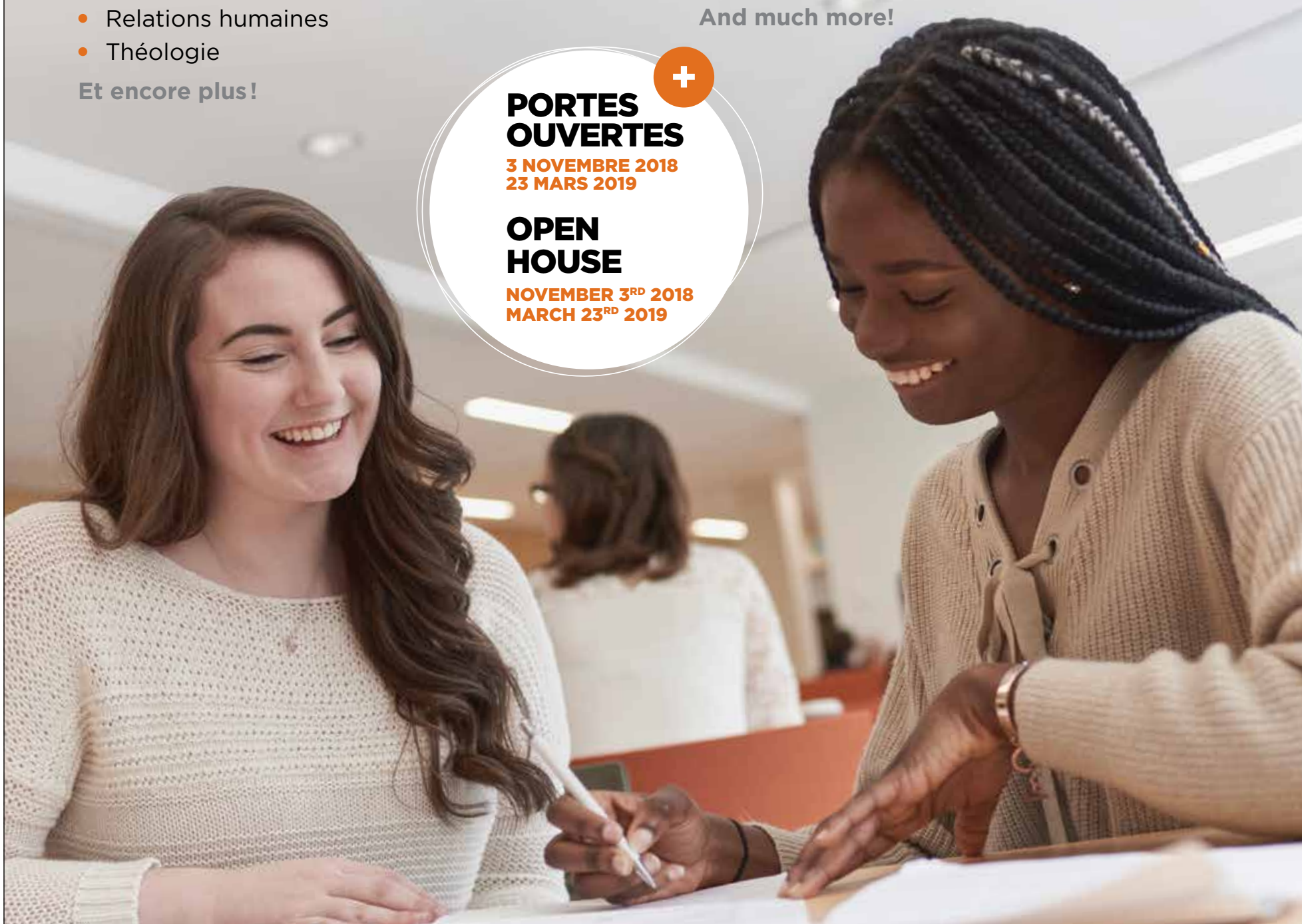
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